

De klinische waarde van de C1q bepaling; aandacht voor zowel lage als hoge levels.

Leendert Trouw

Dept Immunohematology and
Bloodtransfusion



Overview of the presentation

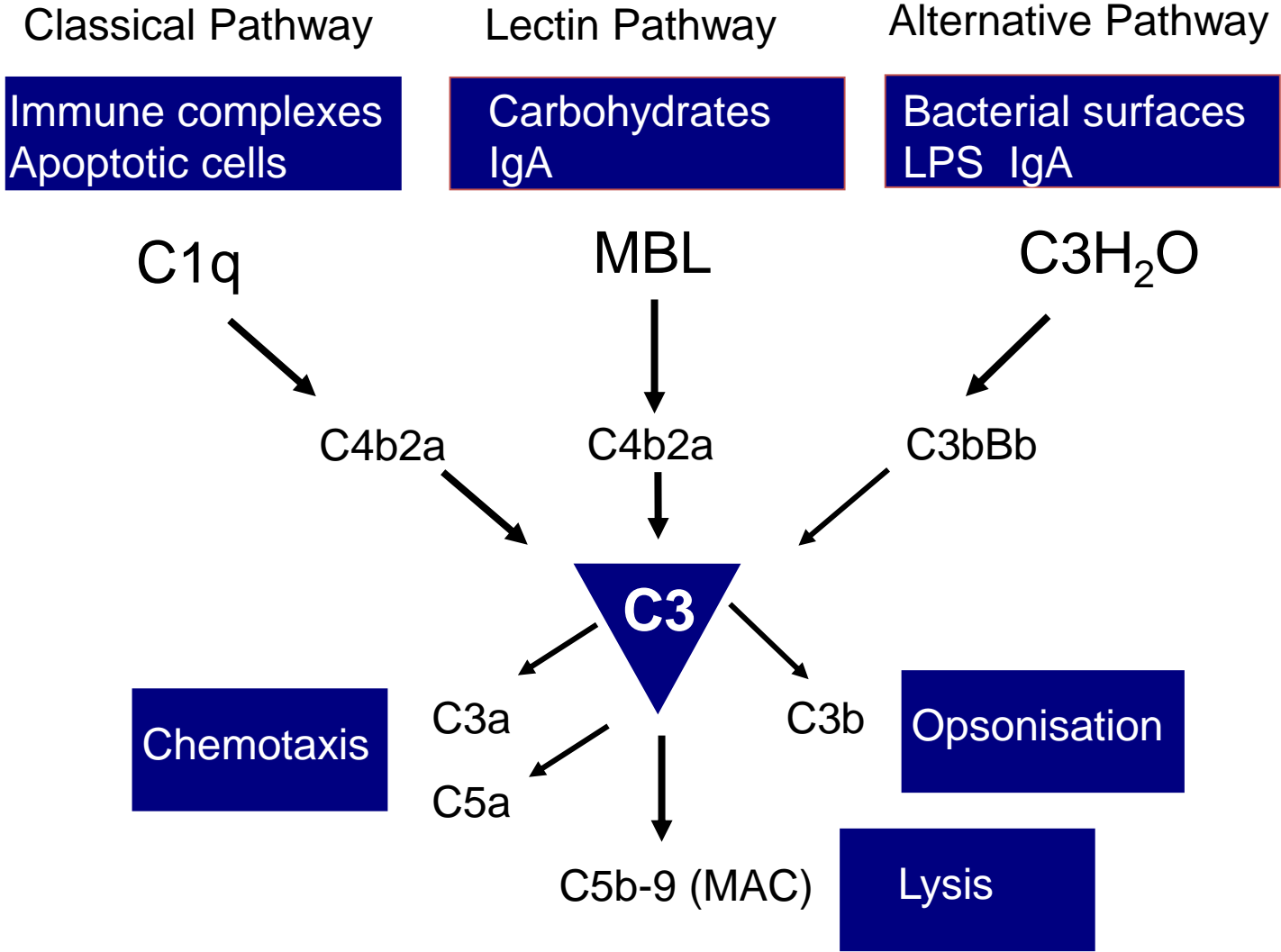
Introduction on complement and C1q

Low levels of C1q (C1q deficiency)

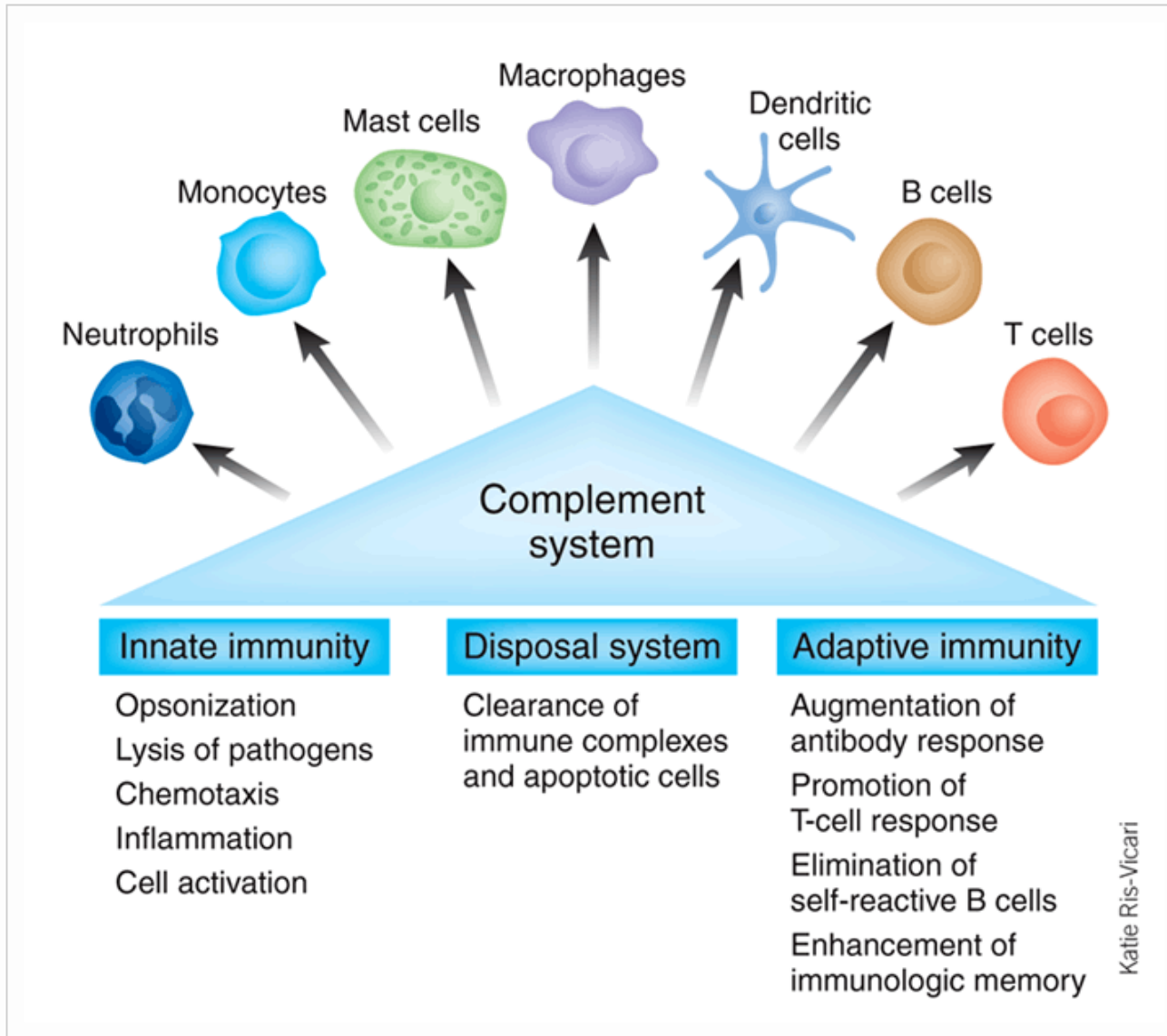
High levels of C1q (Tuberculosis)

Implications and future directions

The complement system

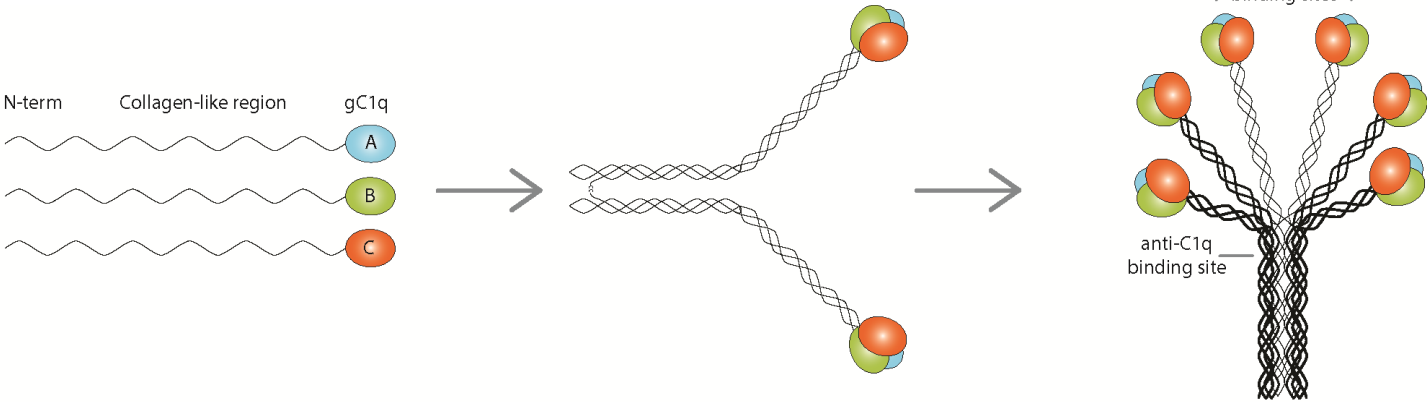


Roles of the complement system

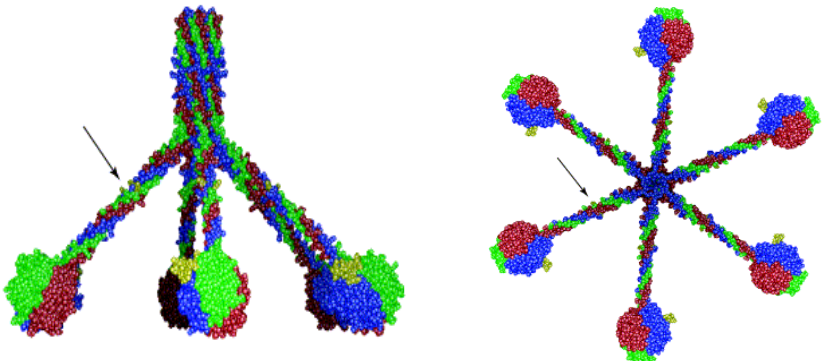


Assembly and functions of C1q

Produced by: Macrophages, Dendritic cells
Serum conc.: 200 µg/ml
Mol Weight: 460 kD



Beurskens Mol Immunol 2015



Gaboriaud Trends Imm 2004

C1q binding to IgG.

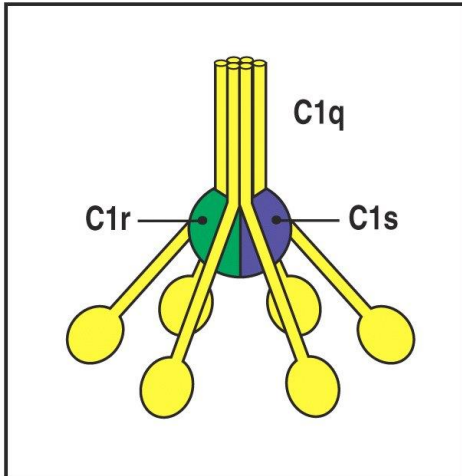


Figure 7-31 The Immune System, 2/e (© Garland Science 2005)

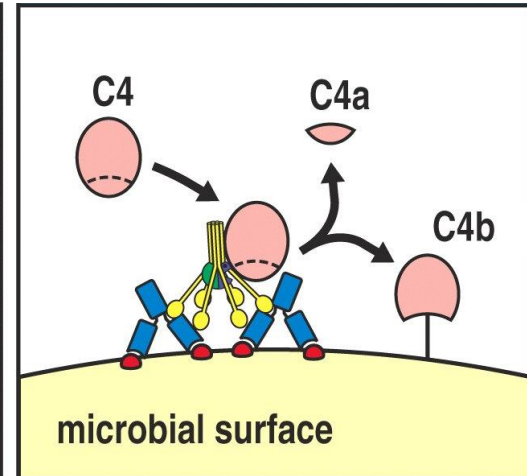
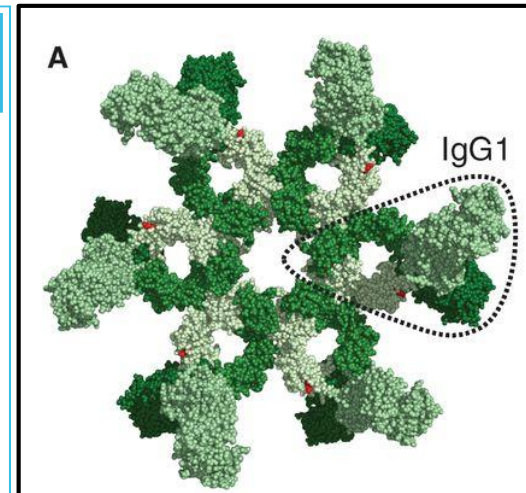
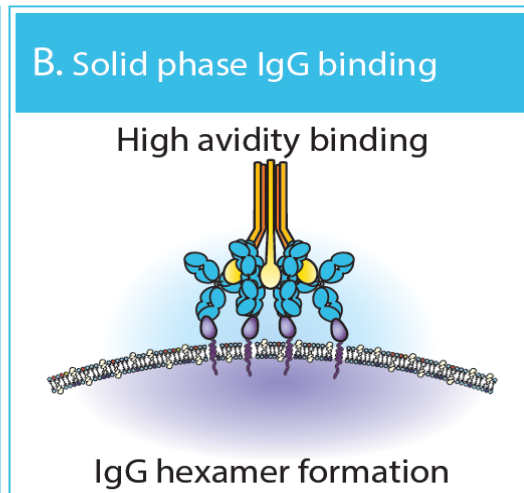
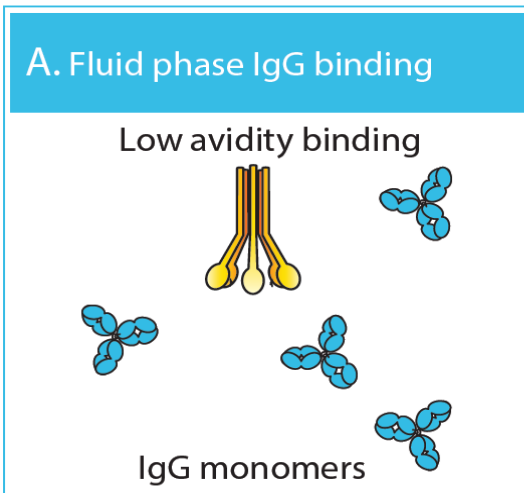
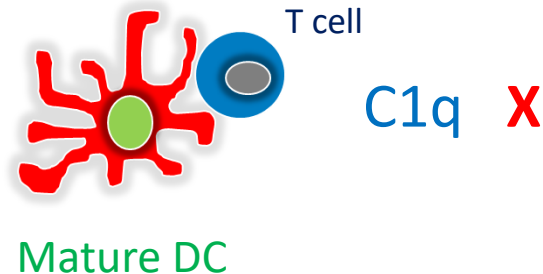
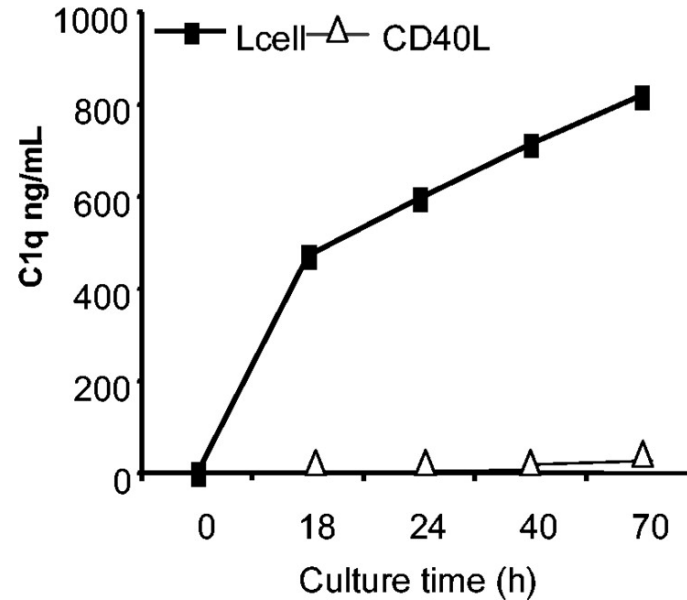
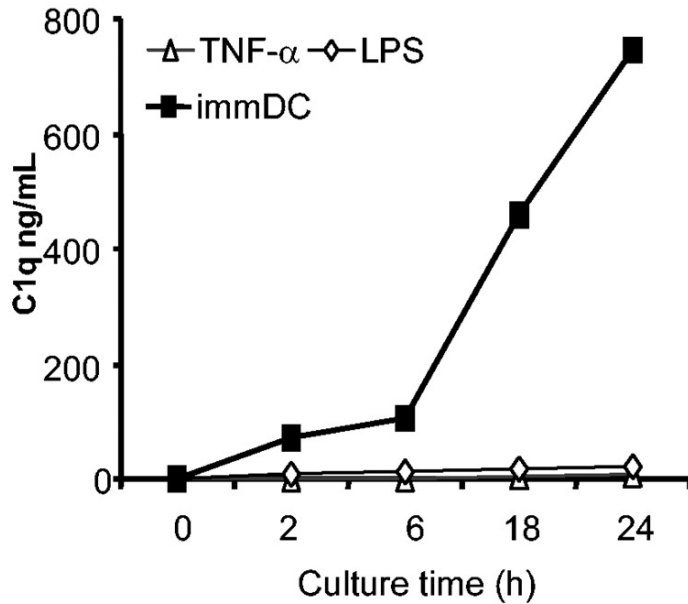


Figure 7-34 part 1 of 2 The Immune System, 2/e (© Garland Science 20)



Maturation of Dendritic cells abrogates C1q production



Complement deficiencies and clinical presentation

Complement protein	Effects of deficiency
C1, C2, C4	Immune-complex disease
C3	Susceptibility to capsulated bacteria
C5–C9	Only effect is susceptibility to <i>Neisseria</i>
Factor D, properdin (factor P)	Susceptibility to capsulated bacteria and <i>Neisseria</i> but no immune-complex disease
Factor I	Similar effects to deficiency of C3
DAF, CD59	Autoimmune-like conditions including paroxysmal nocturnal hemoglobinuria

Figure 9-9 The Immune System, 2/e (© Garland Science 2005)

Complement and onset of SLE

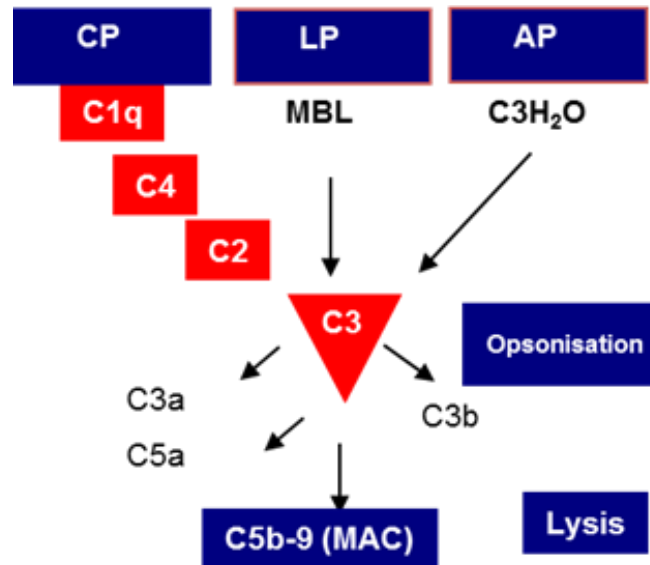
Human genetic deficiencies

C1q - 80% SLE

C4 - 70% SLE

C2 - 10% SLE

C3 - 5% SLE



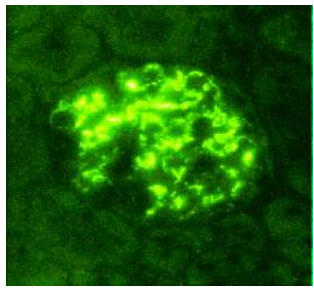
The complement system is involved in the **prevention** of SLE



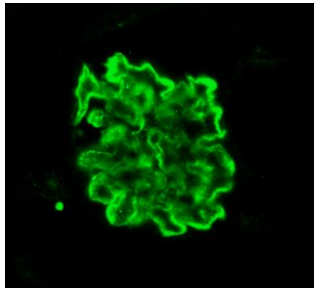
The lupus paradox

Michael C. Carroll

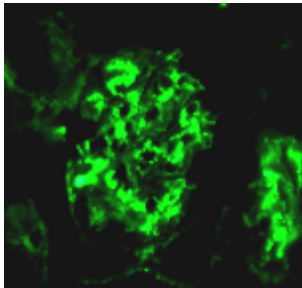
Department of Pathology, Harvard Medical School, Boston, Massachusetts 02115, USA. e-mail: mcarroll@warren.med.harvard.edu



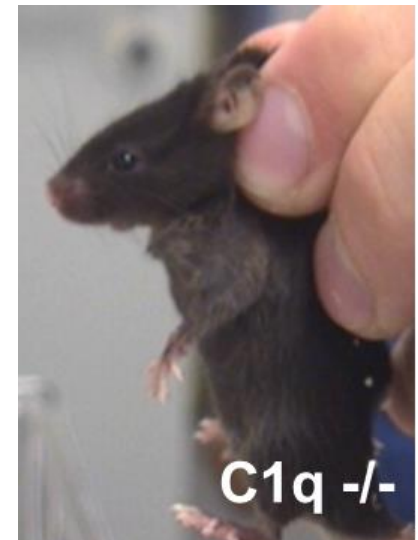
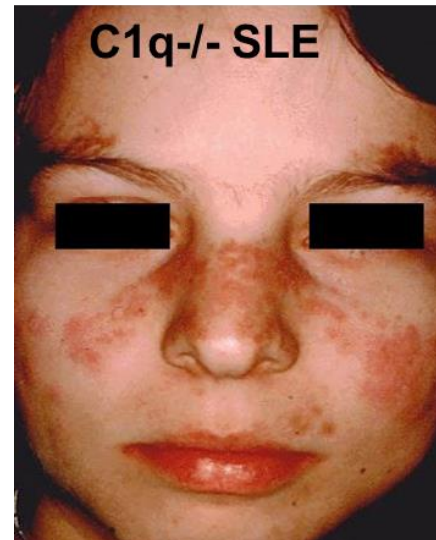
IgG



C1q



C3



Carroll Nat genet 1998

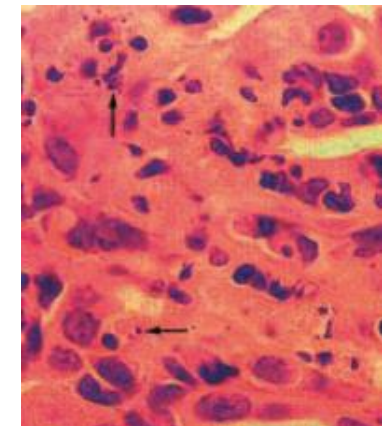
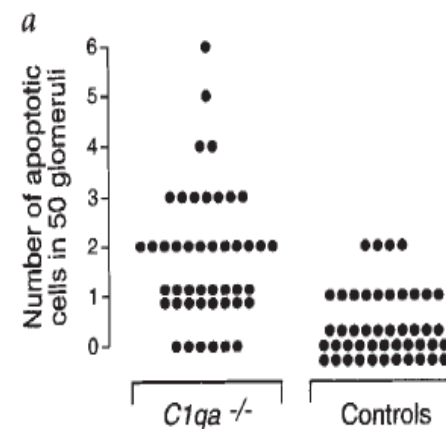
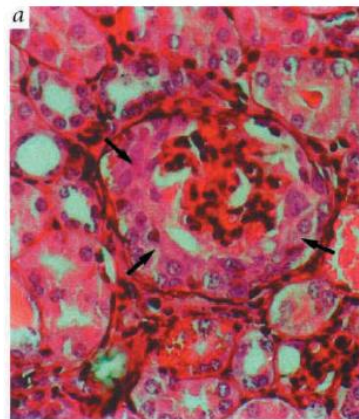
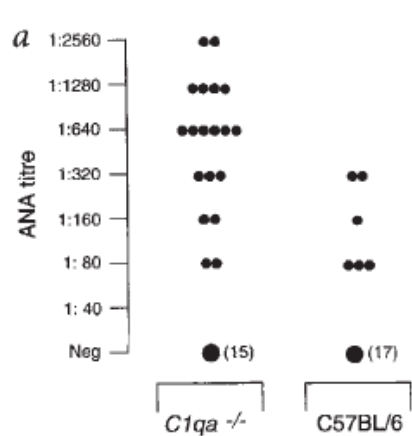
C1q deficient mice develop lupus like disease

letter

npg © 1998 Nature Publishing Group <http://www.nature.com/naturegenetics>

Homozygous C1q deficiency causes glomerulonephritis associated with multiple apoptotic bodies

Marina Botto¹, Chiara Dell'Agnola¹, Anne E. Bygrave¹, E. Mary Thompson², H. Terence Cook³, Franz Petry⁴, Michael Loos⁴, Pier Paolo Pandolfi⁵ & Mark J. Walport¹

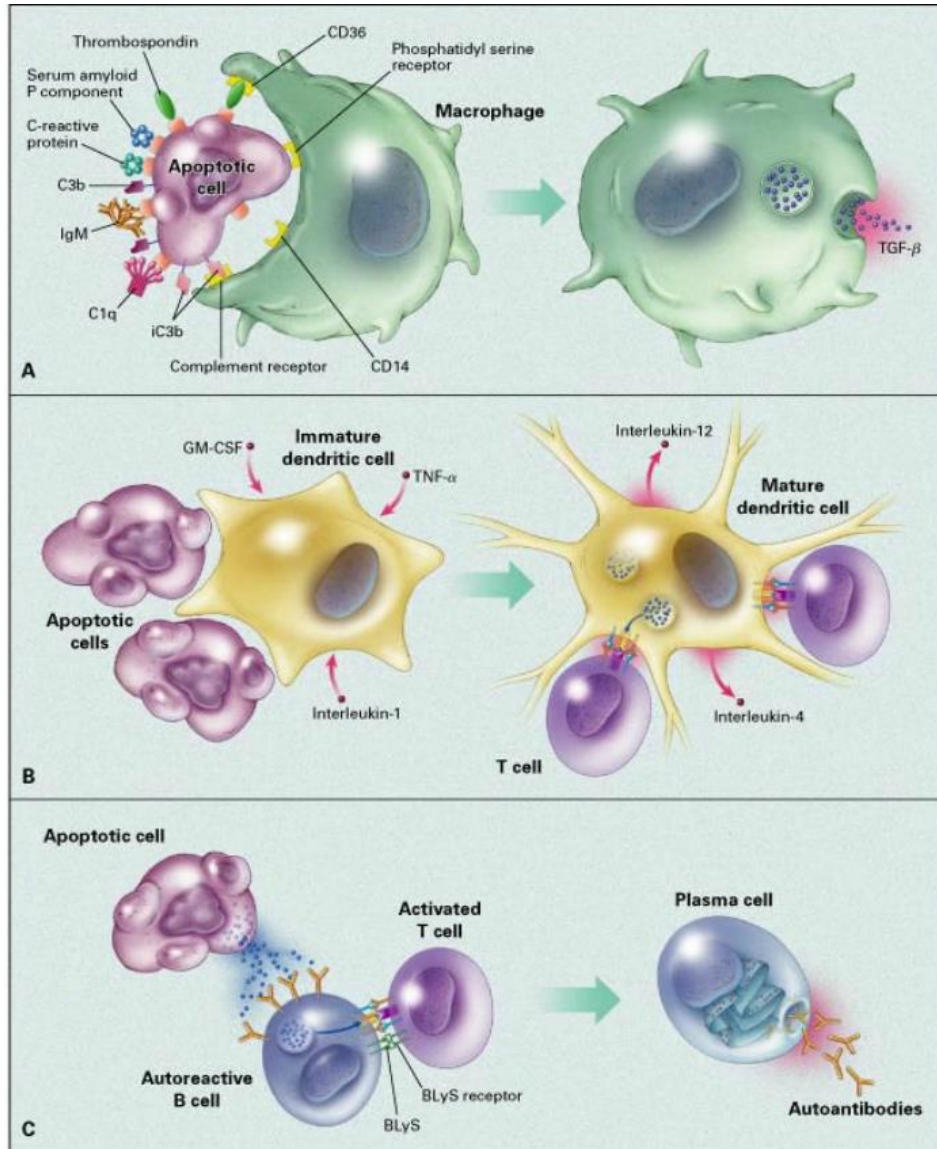


Onset of autoimmune disease

Defective clearance of apoptotic cells

Botto et al. Nat genet 1998

Waste disposal hypothesis

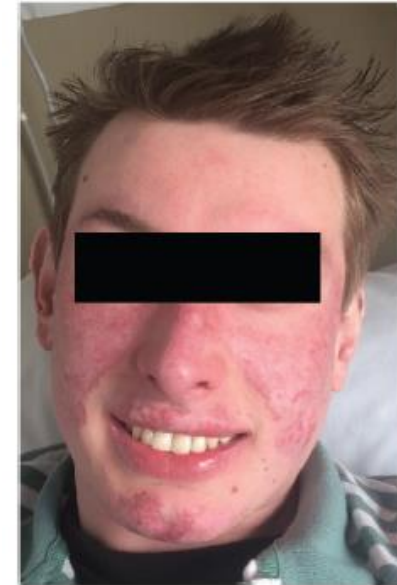


Walport et al. NEJM 2001



Male, 24 years old

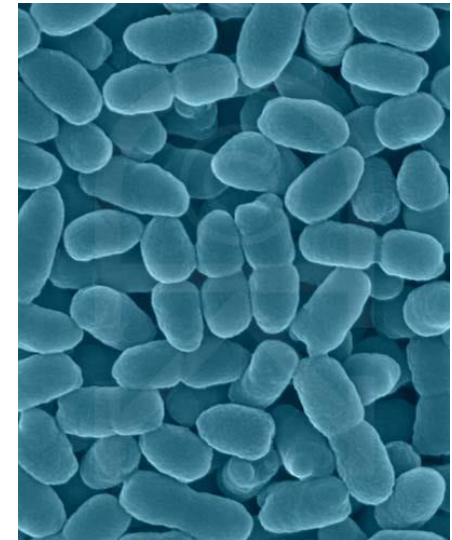
Age 1 Systemic lupus erythematosus
Butterfly rash, sunlight hypersensitivity, ANA, ENA





Male, 24 years old

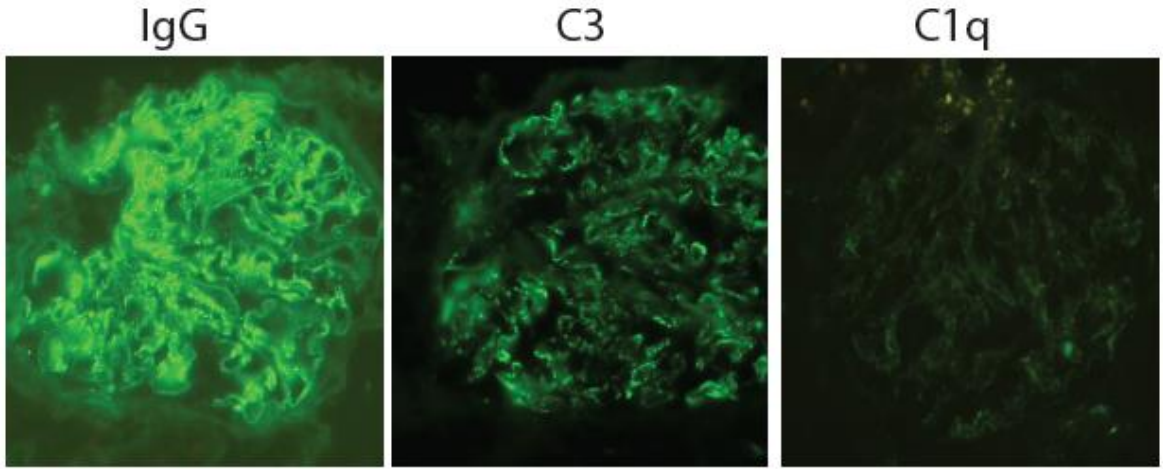
- Age 1 Systemic lupus erythematosus
Butterfly rash, sunlight hypersensitivity, ANA, ENA
- Age 3 Poly-arthritis, oral ulcers, fever/malaise.
- Age 7 Frequent upper airway infections, skin infections
- Age 19 *Staph aureus* septicemia - bloedvergiftiging
- Age 20 *Varicella zoster* - gordelroos





Male, 24 years old

- Age 1 Systemic lupus erythematosus
Butterfly rash, sunlight hypersensitivity, ANA, ENA
- Age 3 Poly-arthritis, oral ulcers, fever/malaise.
- Age 7 Frequent upper airway infections, skin infections
- Age 19 *Staph aureus* septicemia
- Age 20 *Varicella zoster*
- Age 24 Nephritis



Class V LN,
'nearly' full-house IF

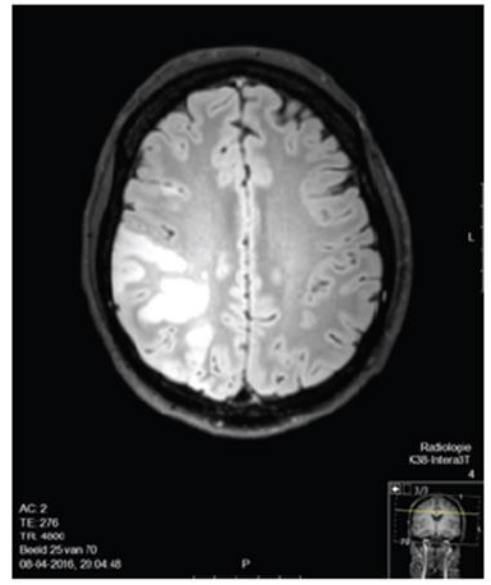


Male, 24 years old

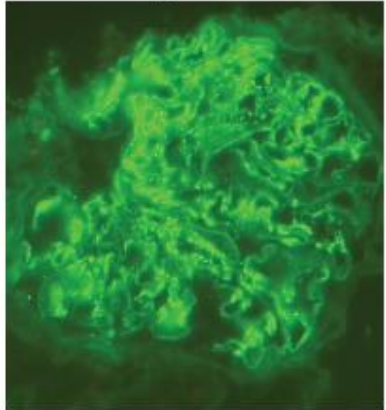
- Age 1 Systemic lupus erythematosus
Butterfly rash, sunlight hypersensitivity, ANA, ENA
- Age 3 Poly-arthritis, oral ulcers, fever/malaise.
- Age 7 Frequent upper airway infections, skin infections
- Age 19 *Staph aureus* septicemia
- Age 20 *Varicella zoster*
- Age 24 Nephritis
- Age 24 Neuro-psychiatric SLE

NP-SLE with an inflammatory and ischemic phenotype

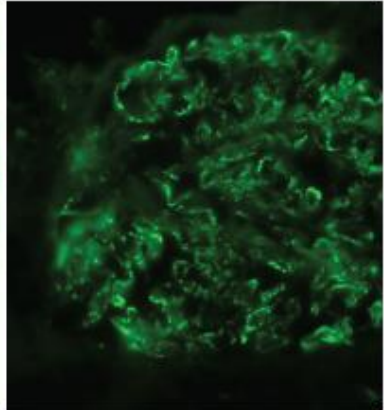
Patient presented with low minimal state examination for age and education level. Decreased vision and decreased function of left arm.



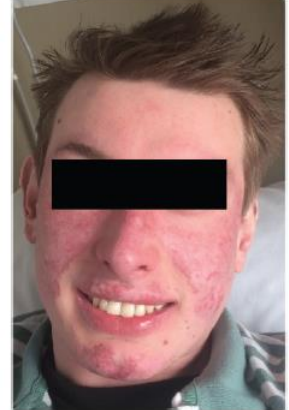
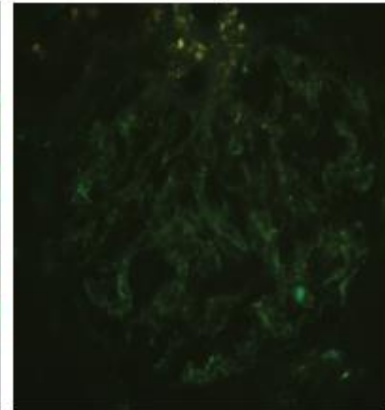
IgG



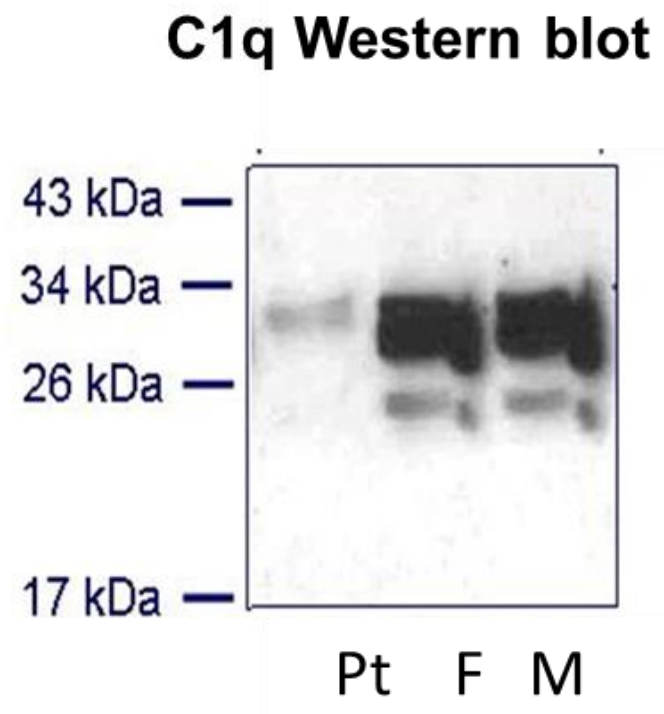
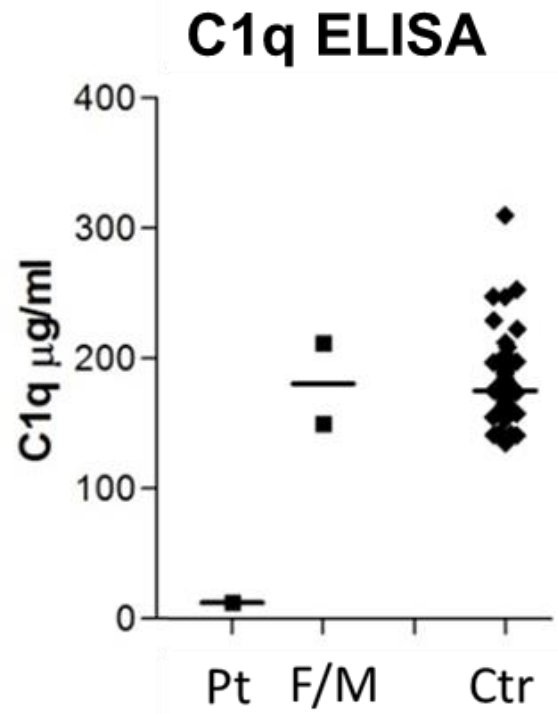
C3



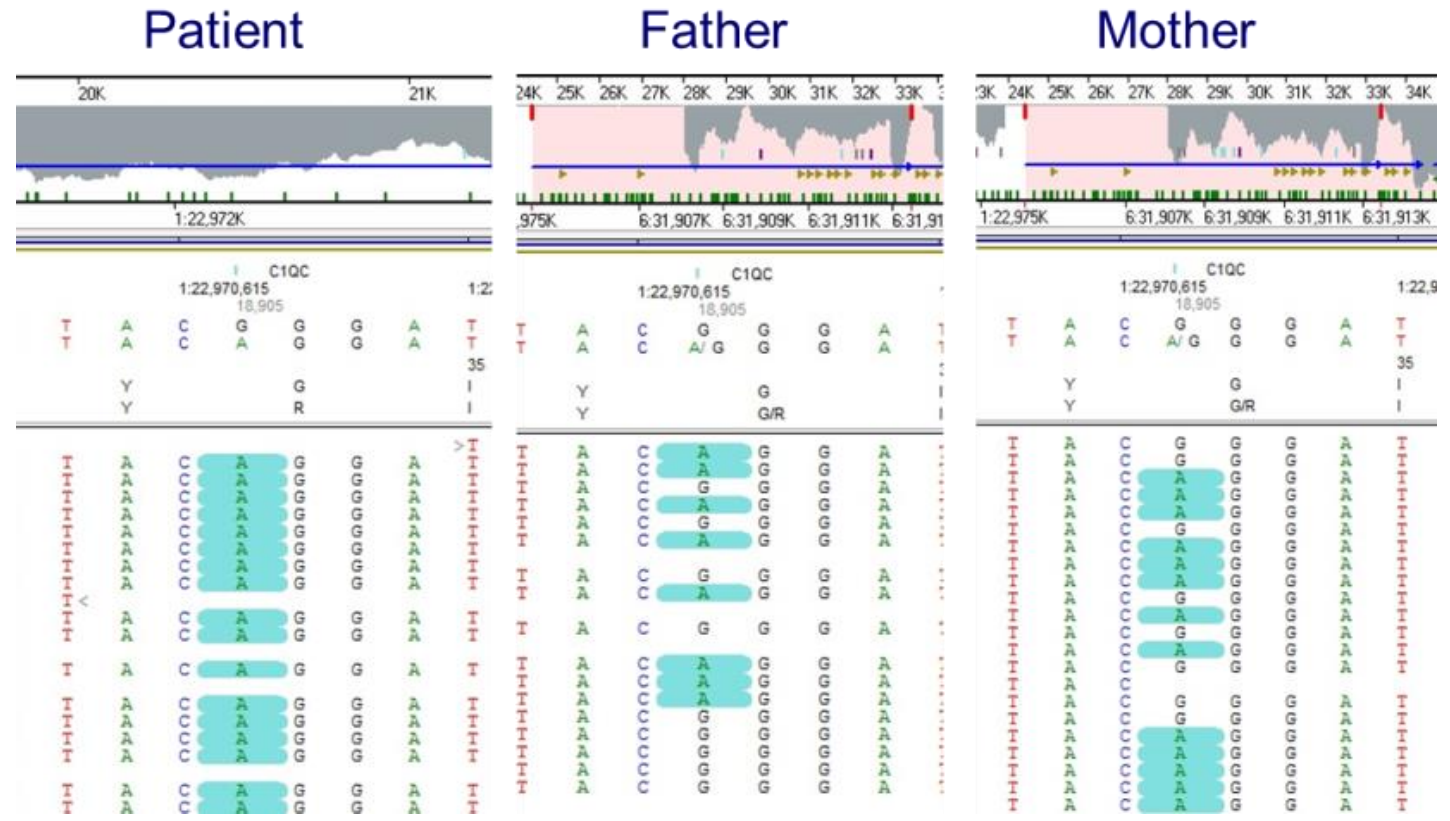
C1q



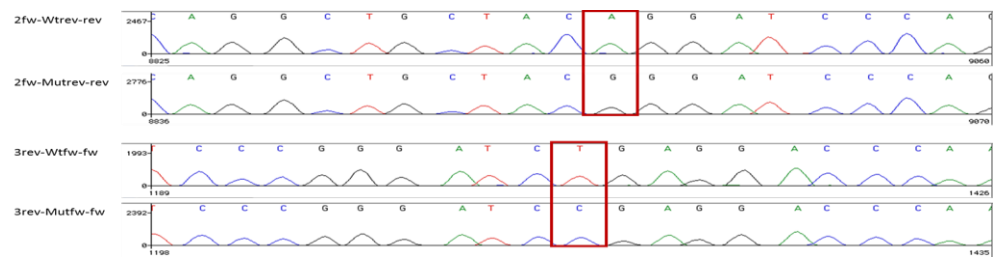
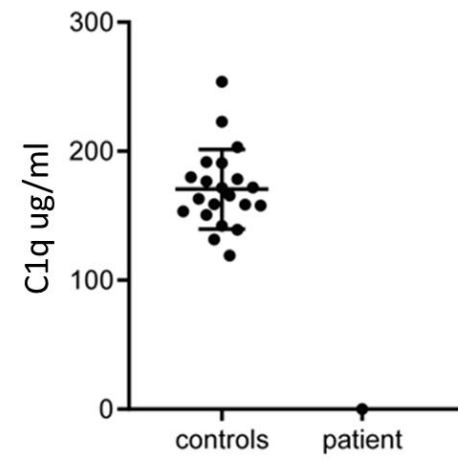
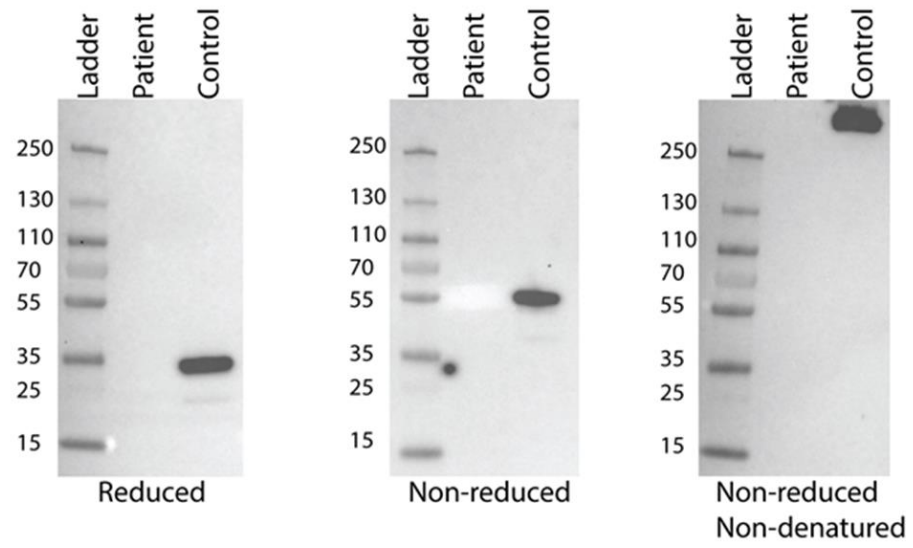
Repeatedly low/undetectable CH50 (classical pathway activity) !!



Mutation : Gly>Arg on pos 34 C1qC



Female C1q deficient patient with SLE



Compound heterozygous mutations of C1QC : c.100G>A p.(Gly34Arg); c.205C>T p.(Arg69X).



Infections

Age 0 - recurring infections

Age 6 - sepsis caused by *Strep pneumoniae*

Age 12 - herpes zoster infection

Age 18 - hospitalized for infections; *Escheria coli* and candidiasis.

SLE (-like disease)

Age 4 - SLE, many symptoms but no anti-dsDNA.

SLE treated with immunosuppressives with serious side effects.

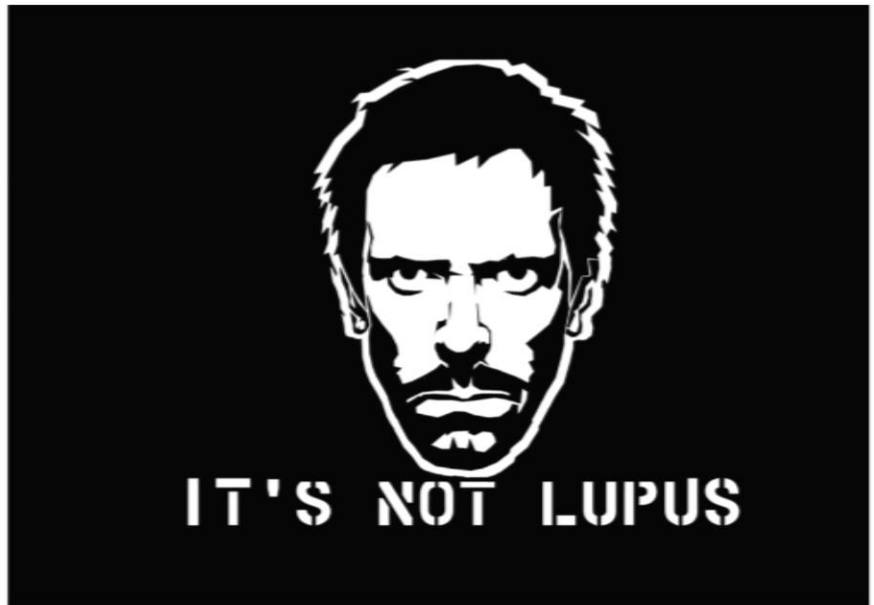
SLE with C1q deficiency; treatment with Fresh Frozen Plasma, also side effects.

Cerebral involvement

Age 14 - she was hospitalized with cerebral problems, EEG confirmed lesions.

Age 18 - repeated episodes of anxiety and difficulty in speech.

C1q def. and Neuro-Psychiatrical problems



NP-SLE in C1q def >20% and in wt SLE <5%

Supplementary Table 1. Cases reported with C1q deficiency and neuropsychiatric systemic lupus erythematosus

Age at onset/Sex/Flare	Country	Clinical features	NPSLE manifestation	Notes	Immunological tests	Complement functional tests	Neuroimaging	Medication	Mutation	Consequence/Type C1q deficiency	Ref.
1/M/ND	Yugoslavia	Malar rash, oral ulcers, photosensitivity, arthritis, LN (MPGN)	Seizure								
13/F/2	Saudi Arabia	Malar rash, discoid rash, oral ulcers, arthritis, leukopenia, thrombopenia, alopecia	Seizures, mononeuritis multiplex								
7/F/7 and 20	Dutch	Malar rash, oral ulcers, LN, fever, alopecia, lymphadenopathy, myositis	Seizure, hemiplegia and lethargy, Probably cerebral vasculitis								
9/F/9	Japan	Malar rash, discoid rash, photosensitivity, oral ulcers, proteinuria (no biopsy), arthralgia	Seizure								
6/F/18,24 and 29	Germany	Malar rash, oral ulcers, photosensitivity, leukopenia, pleuritis, arthritis, glomerulonephritis (Type V) and Libman-Sacks endocarditis, peritonitis	Seizure and psychosis								
9/F/25	England	Malar rash, photosensitivity, leukopenia, alopecia	Seizure and cognitive dysfunction								
5/F/ND	Saudi Arabian	Discoid lupus, photosensitivity, lupus nephritis (non-specified), alopecia	CNS involvement with cerebral atrophy, non-specified								

Cell

The Classical Complement Cascade Mediates CNS Synapse Elimination

Beth Stevens,^{1,*} Nicola J. Allen,¹ Luis E. Vazquez,¹ Gareth R. Howell,^{3,4} Karen S. Christopherson,¹ Navid Nouri,¹ Kristina D. Micheva,² Adrienne K. Mehalow,^{3,4} Andrew D. Huberman,¹ Benjamin Stafford,⁵ Alexander Sher,⁵ Alan M. Litke,⁵ John D. Lambris,⁶ Stephen J. Smith,² Simon W.M. John,^{3,4} and Ben A. Barres¹

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⁶Department of Pathology and Laboratory Medicine, University of Pennsylvania Medical School, Pennsylvania, PA 19104, USA

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DOI 10.1016/j.cell.2007.10.036

Complement and onset of SLE

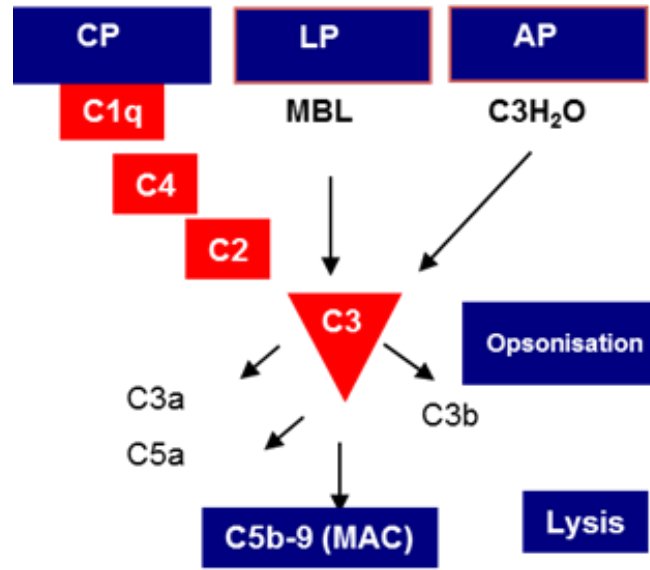
Human genetic deficiencies

C1q - 80% SLE

C4 - 70% SLE

C2 - 10% SLE

C3 - 5% SLE

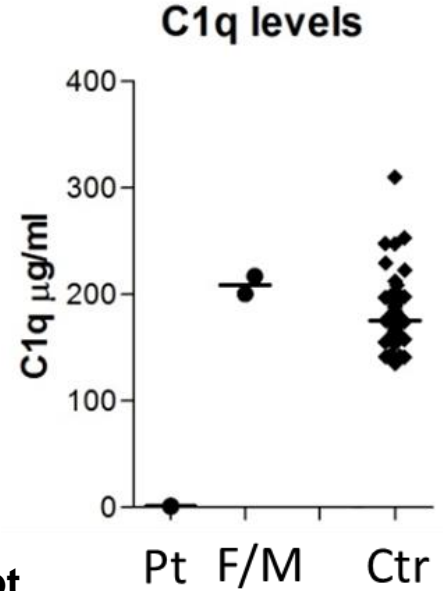


The complement system is involved in the prevention of SLE

Male
7 years old

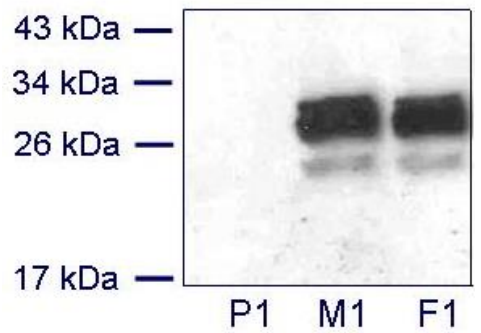
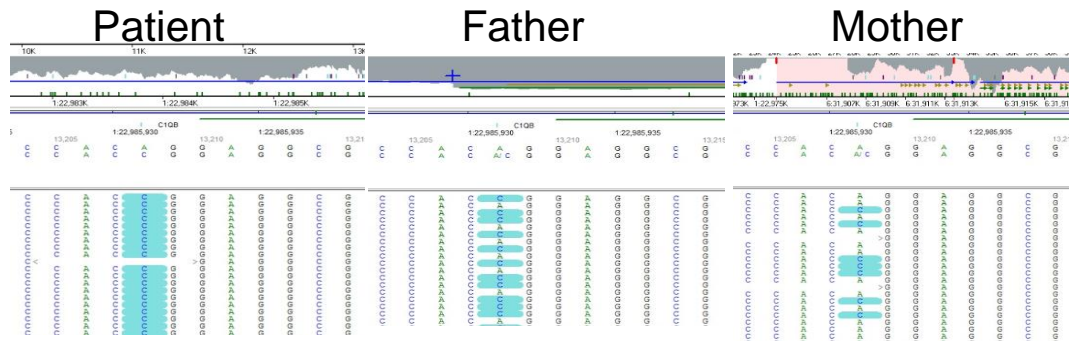
Recurrent infections of the airways
Osteomyelitis of the tibia
Pneumococcal meningitis
No signs of autoimmunity

ELISA

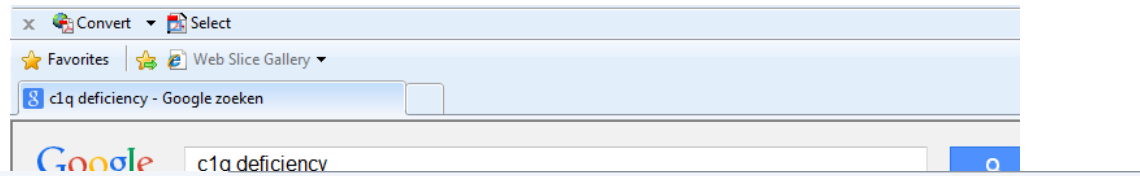


Splice site mutation within *C1qB*

Western blot



C1q deficiency



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Systemic lupus erythematosus

From Wikipedia, the free encyclopedia

"Lupus" redirects here. For other uses, see [Lupus \(disambiguation\)](#).

Systemic lupus erythematosus ⁱ/ˈsiːˈstɛmɪk ˈluːpəs ɛrɪθiməˈtoʊsɪsɪs/, often abbreviated as **SLE** or **lupus**, is a *systemic autoimmune disease* (or *autoimmune connective tissue disease*) that can affect any part of the body. As occurs in other autoimmune diseases, the *immune system* attacks the body's cells and tissue, resulting in *inflammation* and tissue damage.^[1] It is both a *type II*^[2] and a *type III hypersensitivity* reaction in which bound antibody-antigen pairs (*immune complexes*) precipitate and cause a further immune response.

SLE most often harms the *heart*, *joints*, *skin*, *lungs*, *blood vessels*, *liver*, *kidneys*, and *nervous system*. The course of the disease is unpredictable, with periods of illness (called *flares*) alternating with *remissions*. The disease occurs nine times more often in women than in men, especially in women in child-bearing years ages 15 to 35, and is also more common in those of non-European descent.^{[2][3][4]}

There is no cure for SLE. It is treated with immunosuppression, mainly with *cyclophosphamide*, *corticosteroids* and other *immunosuppressants*. **SLE can be fatal.** The leading cause of death is from cardiovascular disease due to accelerated *atherosclerosis*. Survival for people with SLE in the United States, Canada, and Europe has risen to approximately 95% at *five years*, 90% at 10 years, and 78% at 20 years,^[2] and now approaches that of matched controls without lupus.

Childhood systemic lupus erythematosus generally presents between the ages of 3 and 15, with girls outnumbering boys 4:1, and typical skin manifestations being butterfly eruption on the face and *photosensitivity*.^[1]

Lupus is Latin for wolf. In the 18th century, when lupus was just starting to be recognized as a disease, it was thought that it was caused by the bite of a wolf.^[5] This may have been because of the distinctive rash characteristic of lupus. (Once full-blown, the round, disk-shaped rashes heal from the inside out, leaving a bite-like imprint.)

omim.org/613652

A number sign (#) is used with this entry because **C1a deficiency** can be caused by

C1q deficiency

Problem:

Most papers only report on the moment of identification of C1q deficiency and the mutation involved, but no follow up.

Questionnaire on life expectancy and complications

Gender

Age of diagnosis

Parents related?

SLE (Diagnosis)

Still alive? (No, cause of death)

Received Plasma

Stem cell transplantation consideration

Quality of life

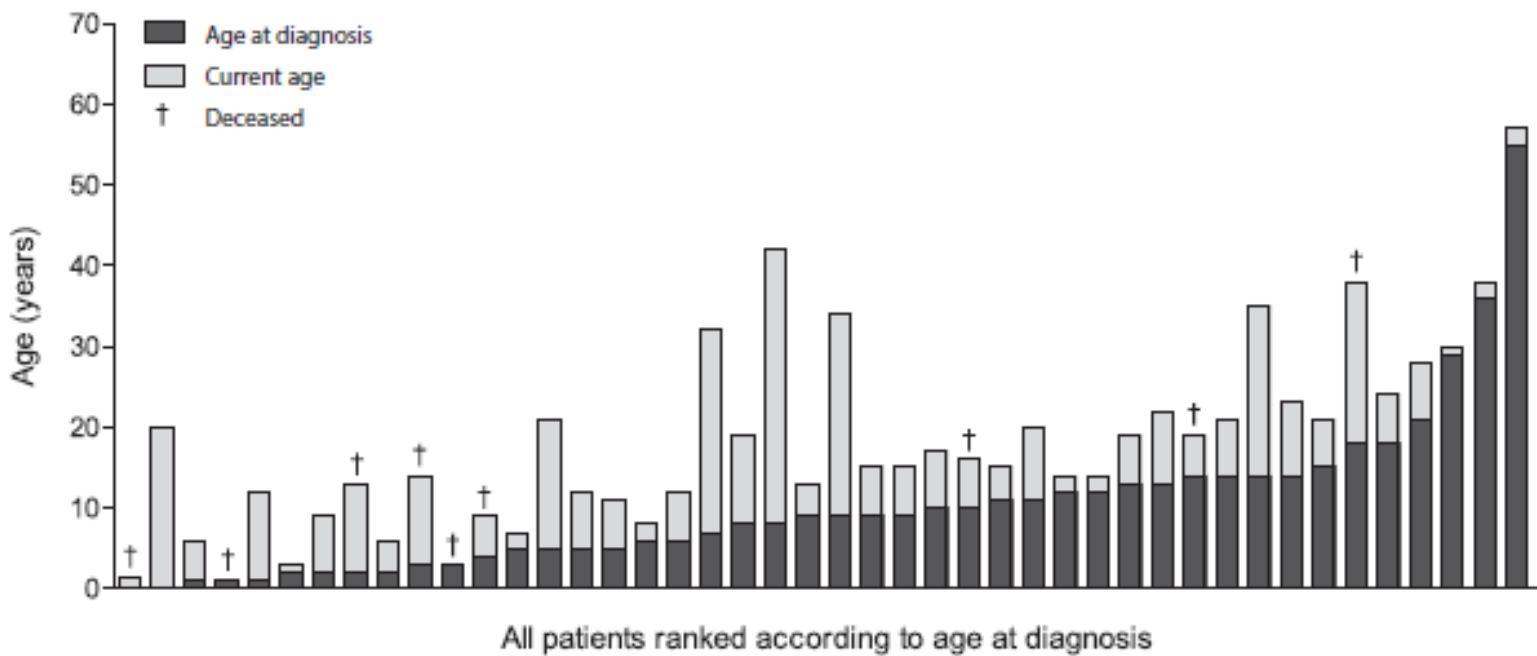
Age of diagnosis vs current age

C1q deficient patients

Country of origin	Number of patients
Australia	1
Greenland	3
Iraq	1
Kosovo	1
Netherlands	7
Pakistan	7
Saudi Arabia	9
Spain	1
Sweden	4
Sudan	2
Tunisia	2
Turkey	4
United Kingdom	2
USA	1

C1q deficient individuals	Number of cases	Percentage of cases
Sex M/F	22/23	49/51
Deceased Y/N	9/36	20/80
Deceased Males	3	14
Deceased Females	6	26
Clinical presentation		
SLE Y/N	36/9	80/20
Only SLE	20	44
Only Infections	6	13
Both SLE + Infections	16	36
No symptoms	3	7
Therapy		
FFP given	14	31
HSCT performed	3	7
HSCT considered	10	22

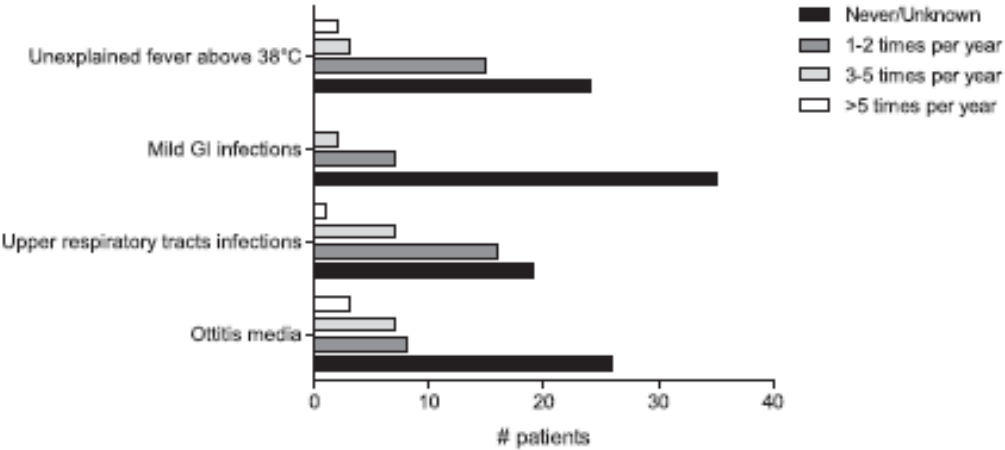
C1q deficient patients



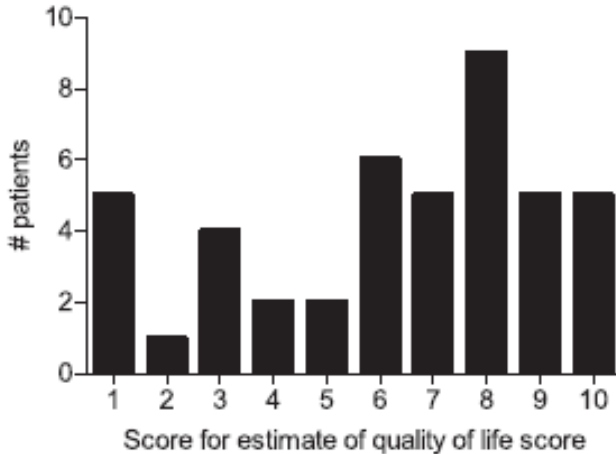
Age of diagnosis vs. current age

Outcome of disease

Infections



Quality of life



The median quality of life is 7

Therapy options

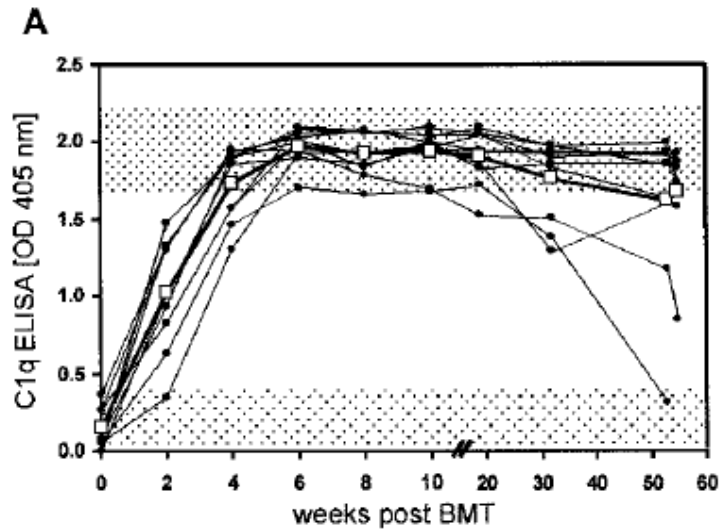
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Both SLE + Infections	16	36
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HSCT performed	3	7
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Bone marrow transplantation in mice restores C1q levels and reduces autoimmunity

Reconstitution of the Complement Function in C1q-Deficient (C1qa^{-/-}) Mice with Wild-Type Bone Marrow Cells¹

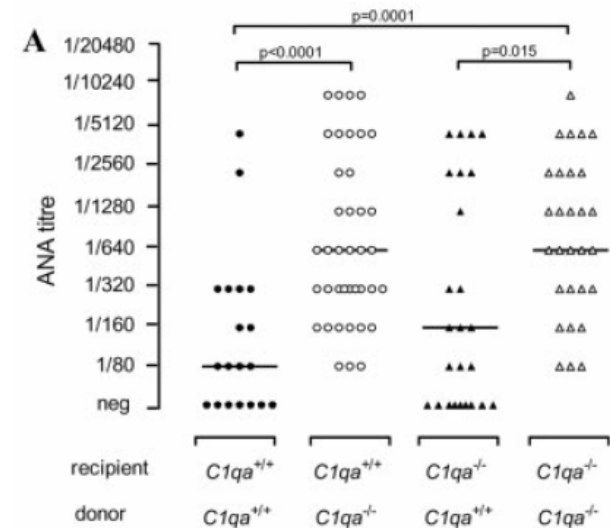
Franz Petry,^{2*} Marina Botto,[†] Rafaela Holtappels,[‡] Mark J. Walport,[†] and Michael Loos^{*}



Petry et al. J.Immunol 2001

Restoration of C1q levels by bone marrow transplantation attenuates autoimmune disease associated with C1q deficiency in mice

Josefina Cortes-Hernandez¹, Liliane Fossati-Jimack¹, Franz Petry², Michael Loos², Shozo Izui³, Mark J. Walport¹, H. Terence Cook⁴ and Marina Botto¹



Cortes-Hernandez et al. Eur.J.Immunol 2004



HSCT in humans can restore C1q production



Journal of Allergy and Clinical Immunology

Volume 133, Issue 1, January 2014, Pages 265–267



Letter to the editor

Successful cure of C1q deficiency in human subjects treated with hematopoietic stem cell transplantation

Peter D. Arkwright, MD, PhD^{a,b}, Philip Riley, MD^b, Stephen M. Hughes, MD, PhD^b, Hana Alachkar, MD^c, Robert F. Wynn, MD^b

TABLE I. Changes in complement and autoantibody titers after matched sibling bone marrow transplantation for C1q deficiency

Parameter	Normal range	Before BMT	Weeks after BMT						
			1	2	4	6	12	16	24
Leukocyte engraftment									
Neutrophils ($\times 10^9/L$)	1.50-6.00	1.50	0.05	1.18	3.58	5.15	3.09	1.01	3.20
Lymphocytes ($\times 10^9/L$)	1.50-4.50	1.62	0.07	0.25	0.40	0.12	0.29	0.46	0.30
Monocytes ($\times 10^9/L$)	0.10-1.50	0.20	0.54	0.65	0.36	0.36	0.21	0.23	0.22
CD3 ($\times 10^9/L$)	622-2402	761				32	36	233	96
Complement									
CH50 (U/mL)	392-1019	<275	<275	588	838	967		978	659
C1q (mg/L)	70-140	<10	<10	<0	75	70		69	76
Autoantibodies									
SS-A60 (Ro) AI	0-0.9	>8.0	>8.0	>8.0	>8.0	>8.0	5.2	4.0	3.3
SS-B (La) AI	0-0.9	<0.3	<0.3	<0.3	<0.3	<0.3	<0.3	<0.3	<0.3
dsDNA (IU/mL)	0-0.9	<1.0	<1.0	<1.0	<1.0	<1.0	<1.0	<1.0	<1.0
Anti-cardiolipin IgG (GPLU)	0-5.7	18.0	18.0	18.0	18.0	18.0	12.0	6.9	5.3

BMT, Bone marrow transplantation; dsDNA, double-stranded DNA; GPLU, IgG phospholipid units; SS-A60, Sjögren syndrome A 60-kDa protein autoantibody (equivalent to anti-Ro).

Before



After



HSCT in humans can restore C1q production

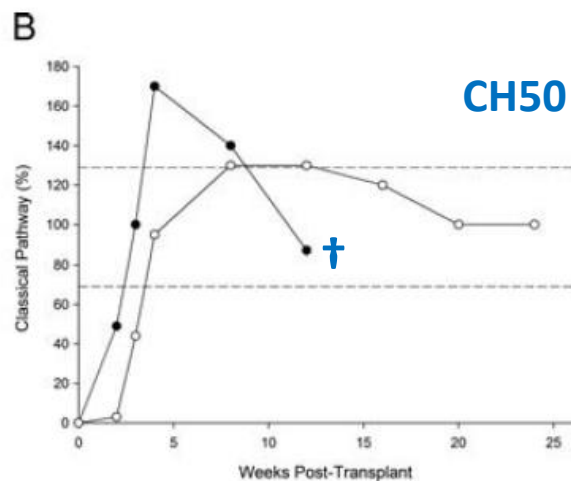
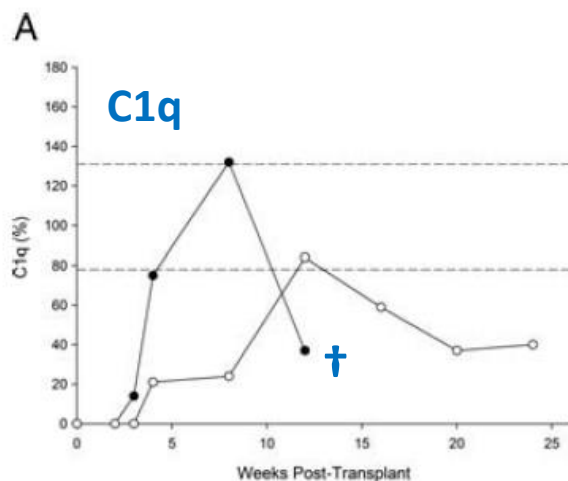


Original Clinical Science



Allogeneic Hematopoietic Stem Cell Transplantation in the Treatment of Human C1q Deficiency: The Karolinska Experience

Richard F. Olsson, MD, PhD,^{1,2,3} Stefan Hagelberg, MD, PhD,⁴ Bodil Schiller, MD,⁵ Olle Ringdén, MD, PhD,^{1,2} Lennart Truedsson, MD, PhD,⁶ and Anders Åhlin, MD, PhD⁵



Before

After



Unfortunately, the boy developed severe acute GVHD and died 4 months after transplantation due to intracerebral haemorrhage and multiorgan failure.

Olsson et al. Transplantation 2016

Conclusions C1q deficiency

Absence of early classical components is associated with SLE

Remarkable differences between deficient individuals

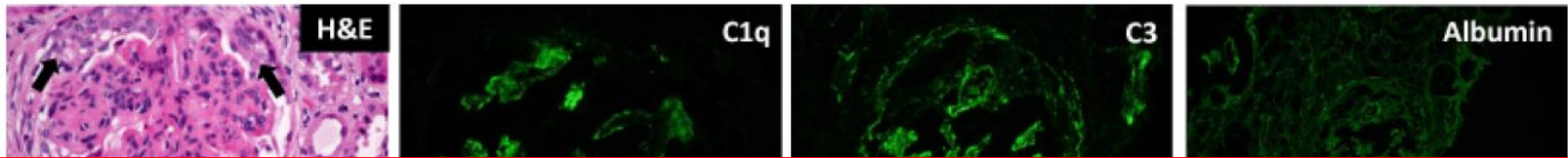
Not only SLE but also infections very prominent risk in CP deficiency

Neurological problems are prominent

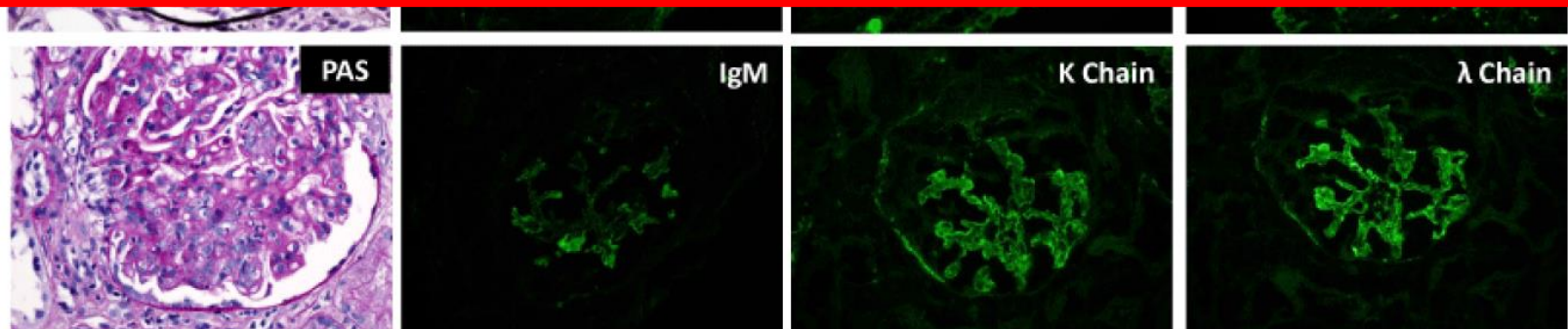
HSCT now tested as a therapeutical option in C1q deficiency

Most SLE patients are NOT genetically deficient

Full-House Immunofluorescence

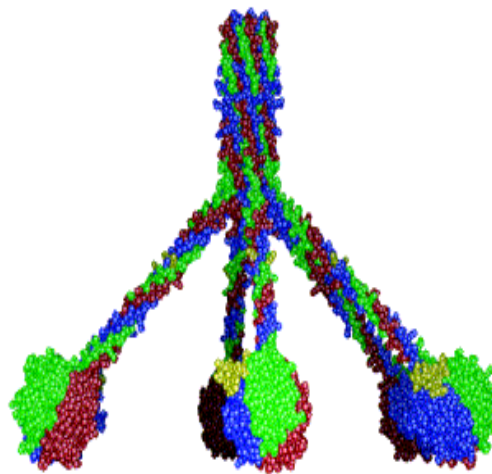


Complement activation contributes to inflammation and tissue damage in 'conventional' SLE patients



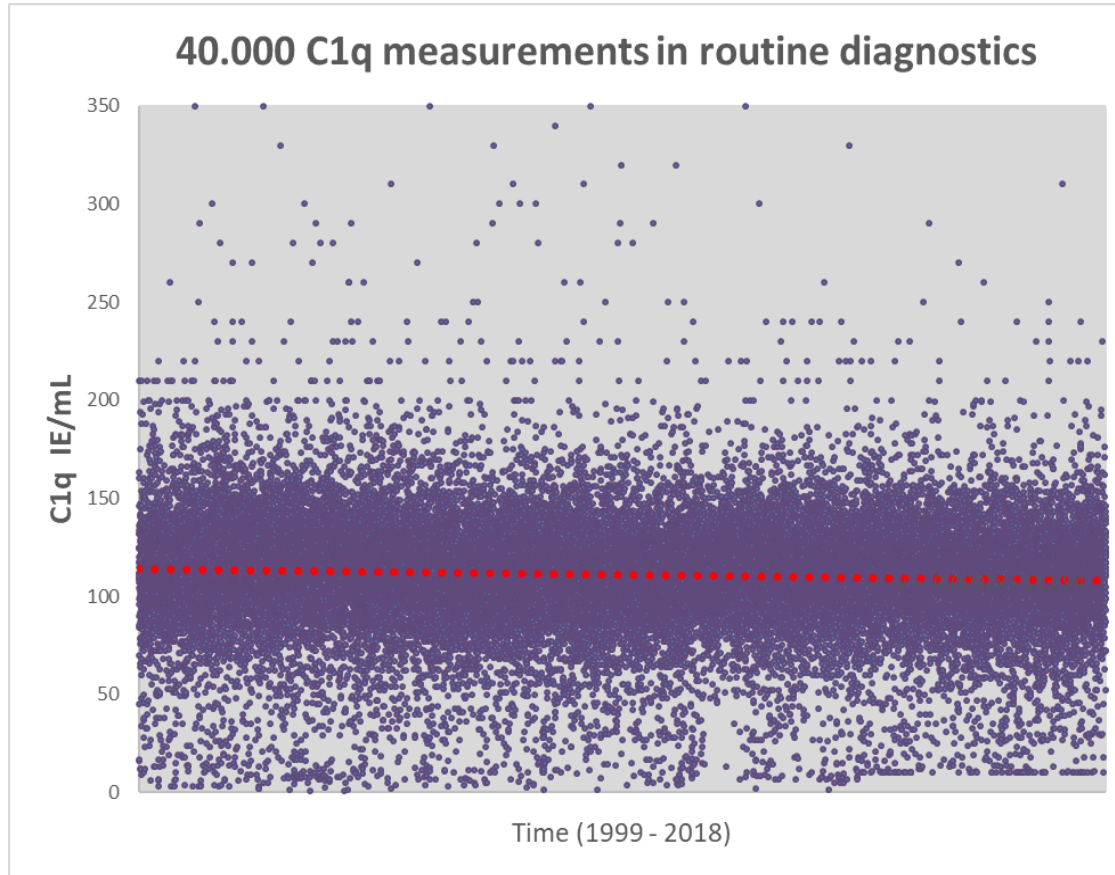
C1q low in SLE but what about C1q high ?

SLE

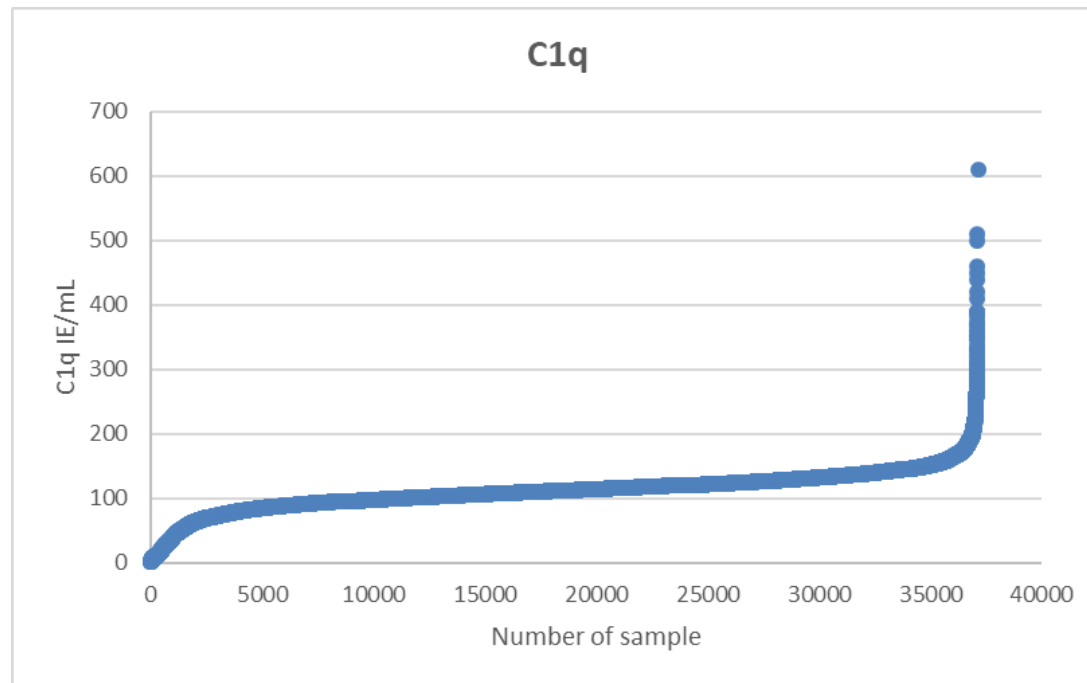


?

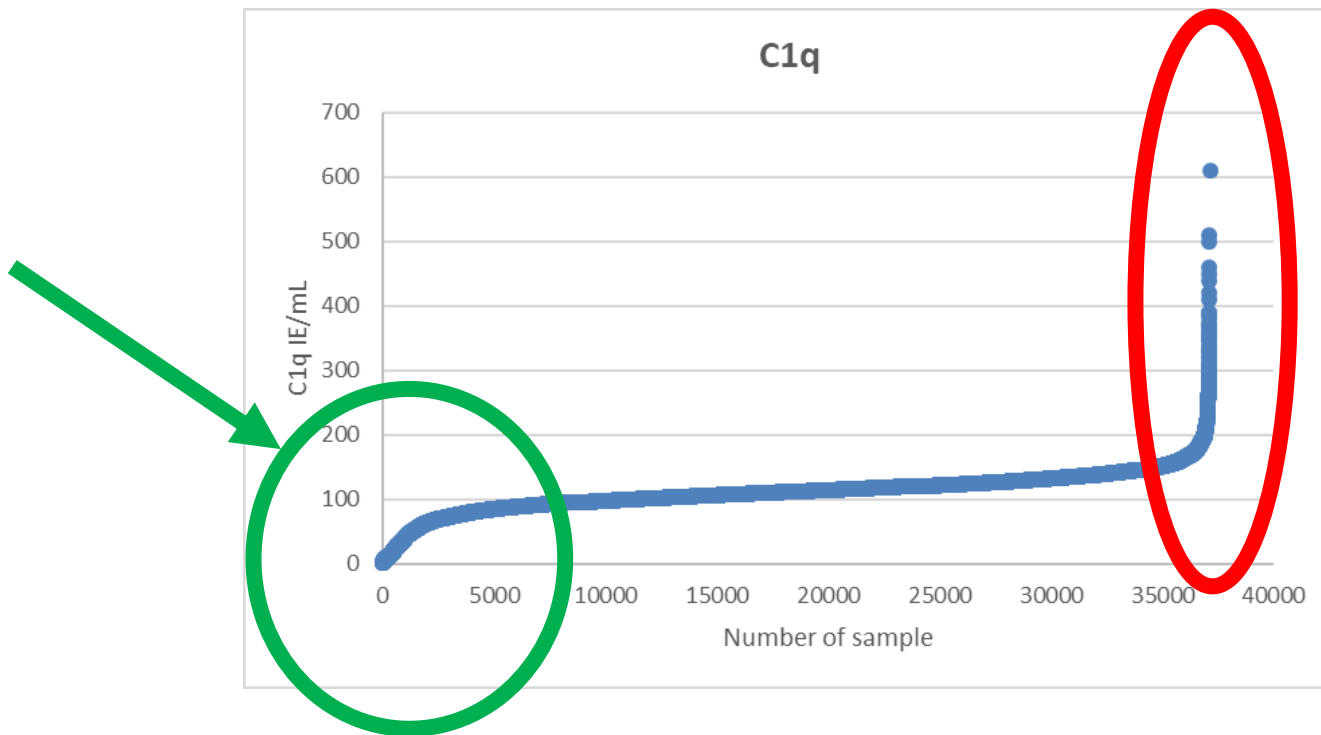
C1q low in SLE but what about C1q high ?



C1q low in SLE but what about C1q high ?

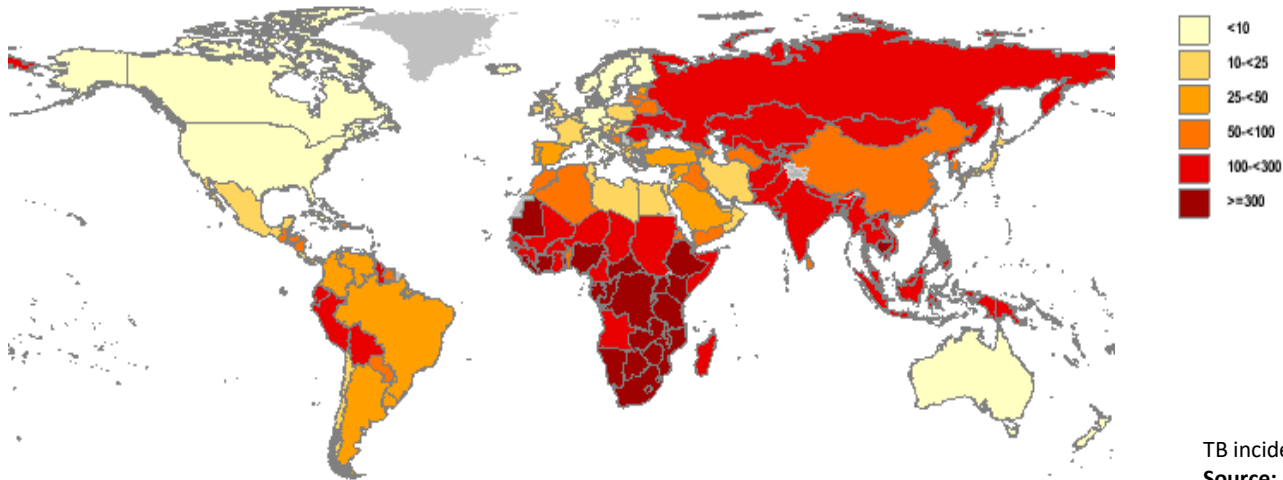


C1q low in SLE but what about C1q high ?



Tuberculosis

Tuberculosis Today



TB incidence, all forms (per 100 000 per year)
Source: WHO Stop TB Department, www.who.int/tb

Mycobacterium tuberculosis (Mtb) infection:

1/4 - 1/3 of the world population is infected

> 10,4 million people develop TB disease

~ 1,7 million die every year of TB (incl. 370.000 HIV coinfecting)

Background

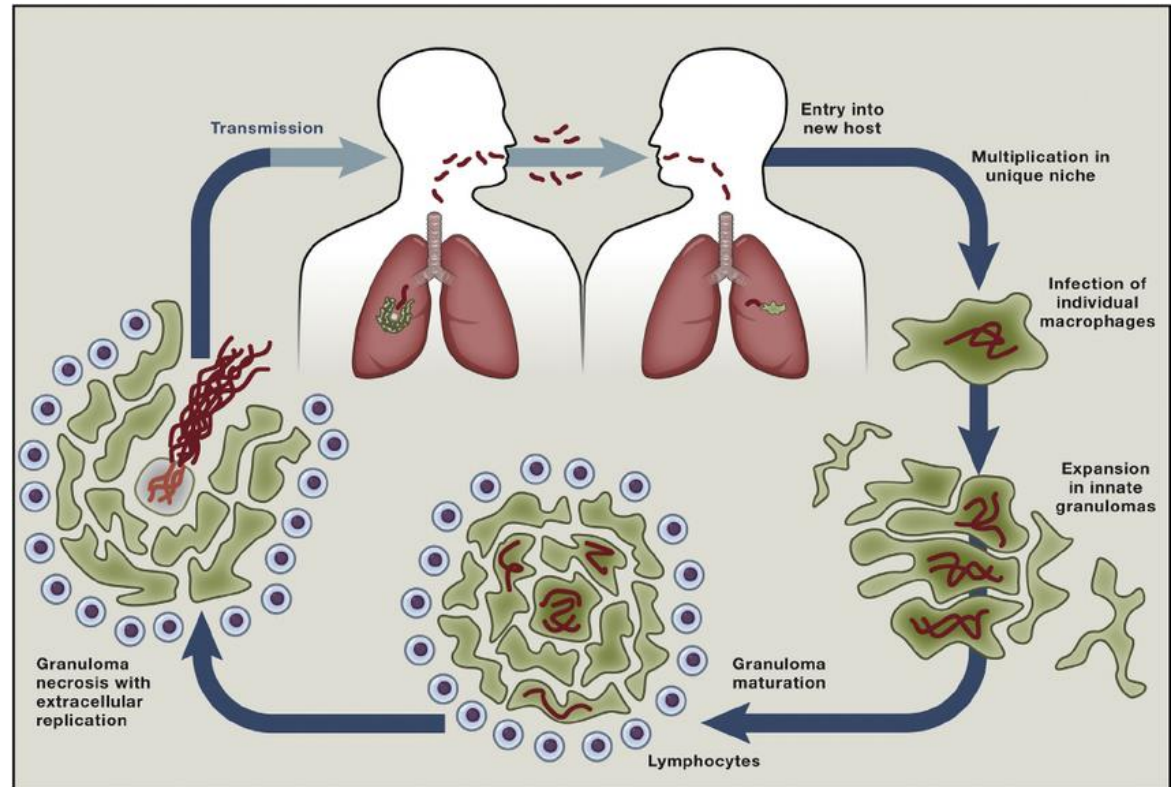


Mycobacterium tuberculosis

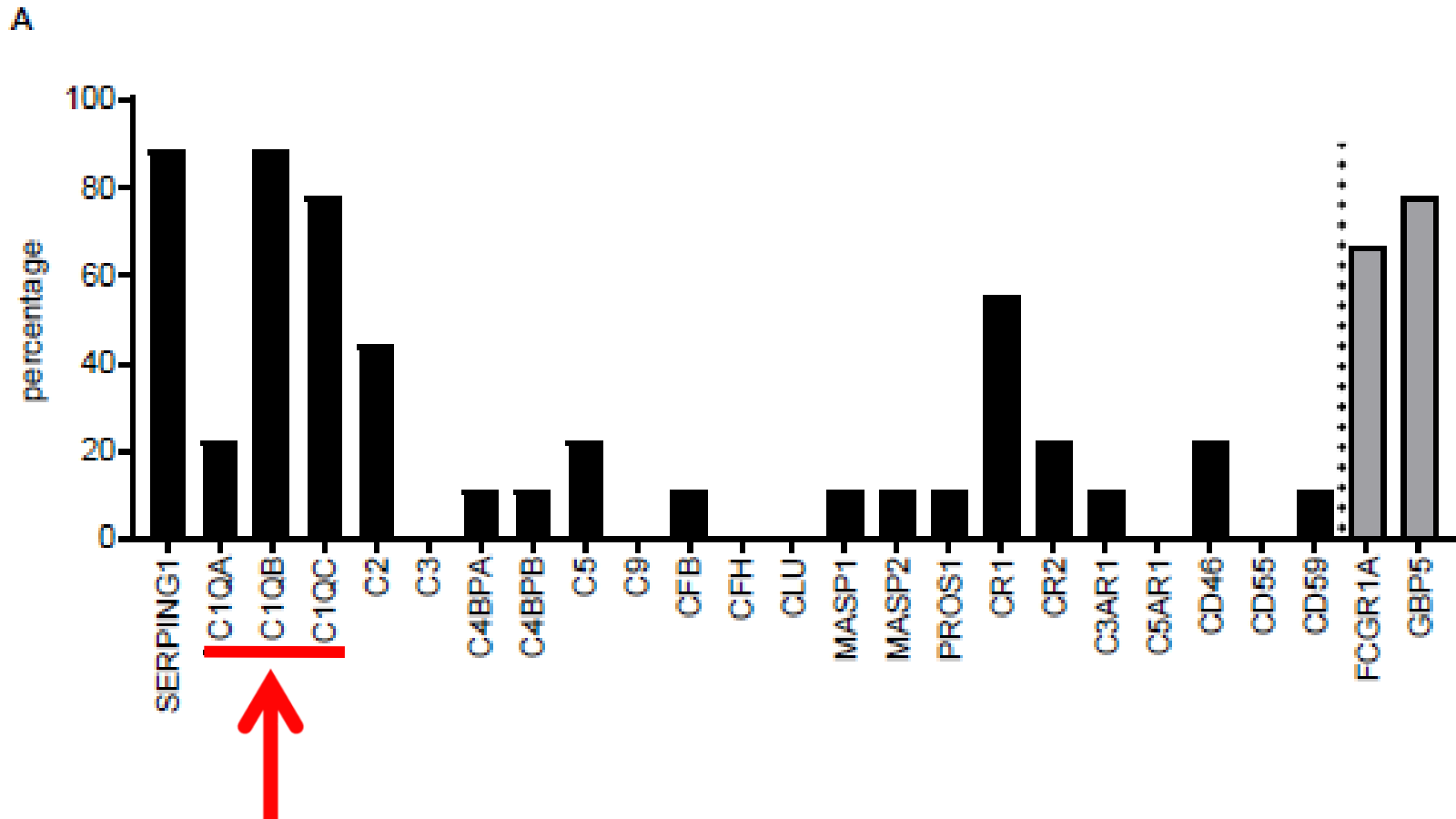
Phases: **Active disease**

Latent infected TB

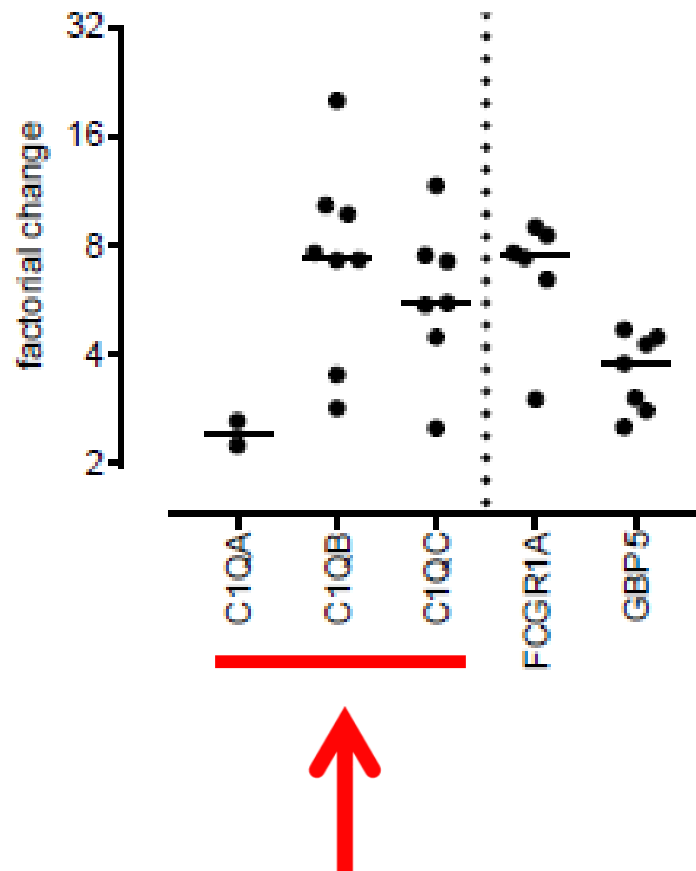
Biomarkers do not discriminate !!



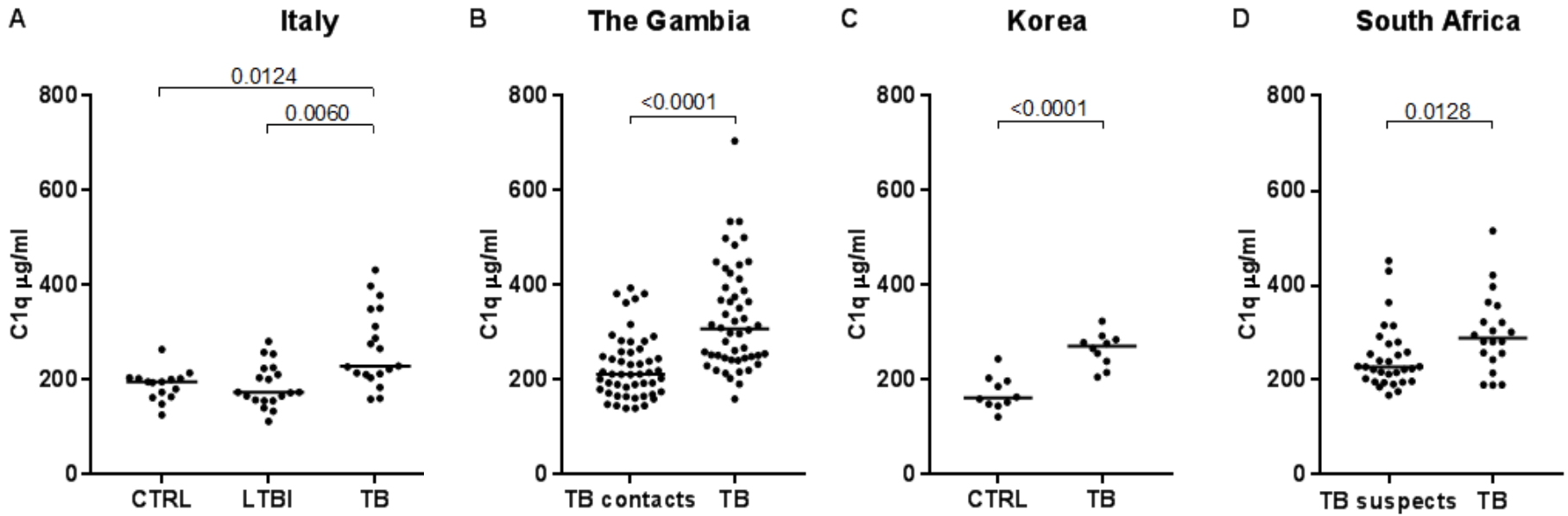
C1q expression in PBMCs in several large studies



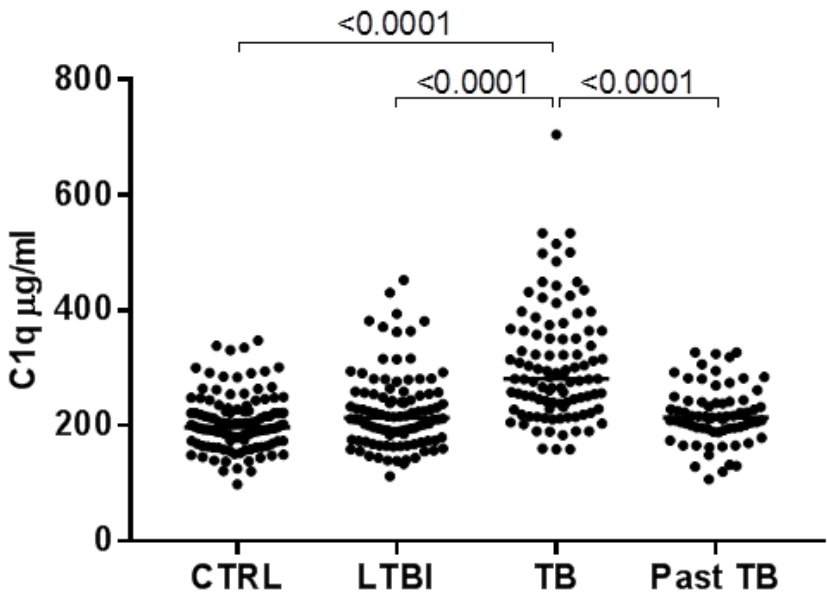
C1q expression in PBMCs in several large studies



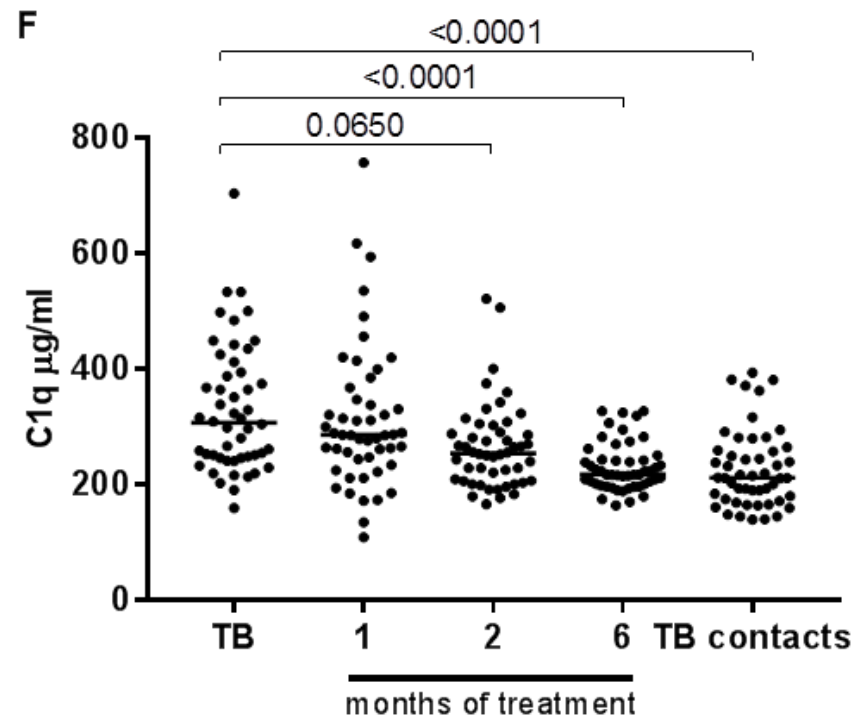
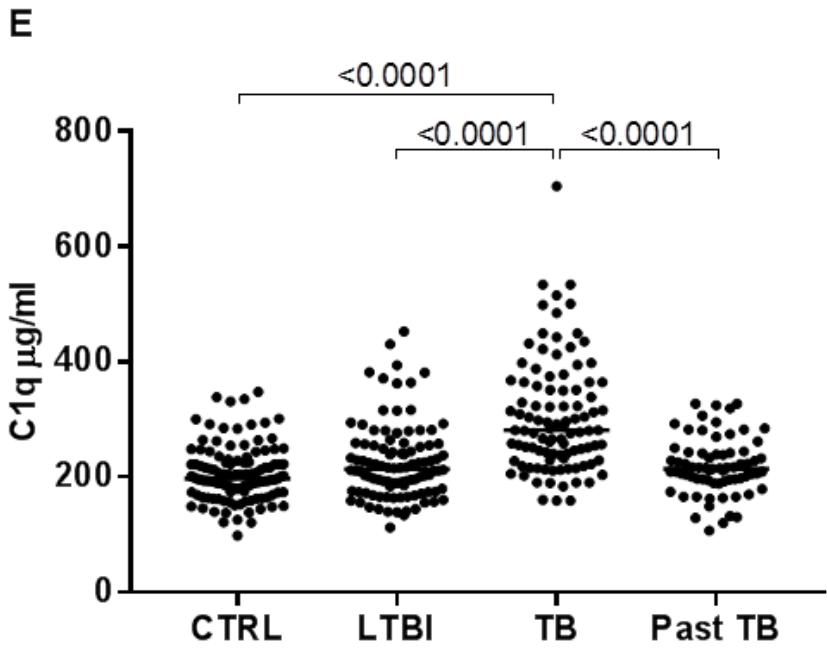
C1q protein levels are increased in active TB



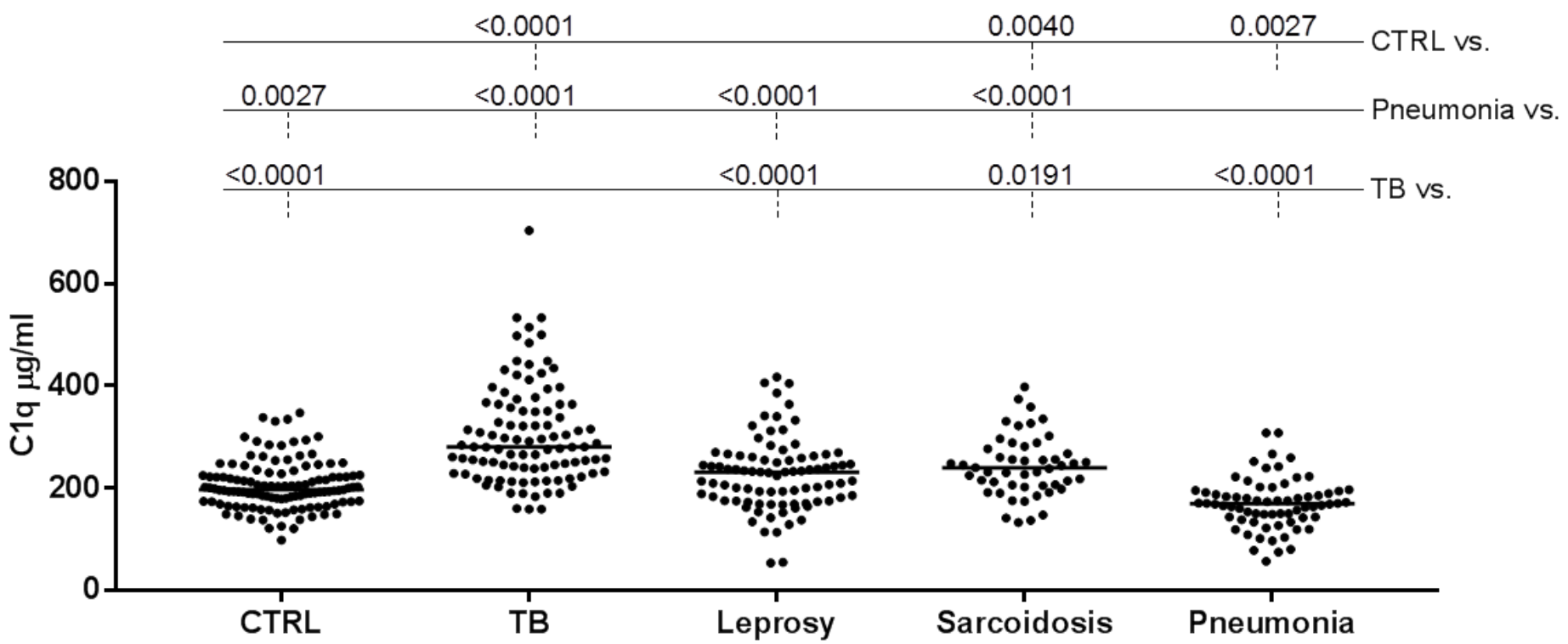
Increased C1q levels normalize following treatment



C1q levels normalize following successful treatment

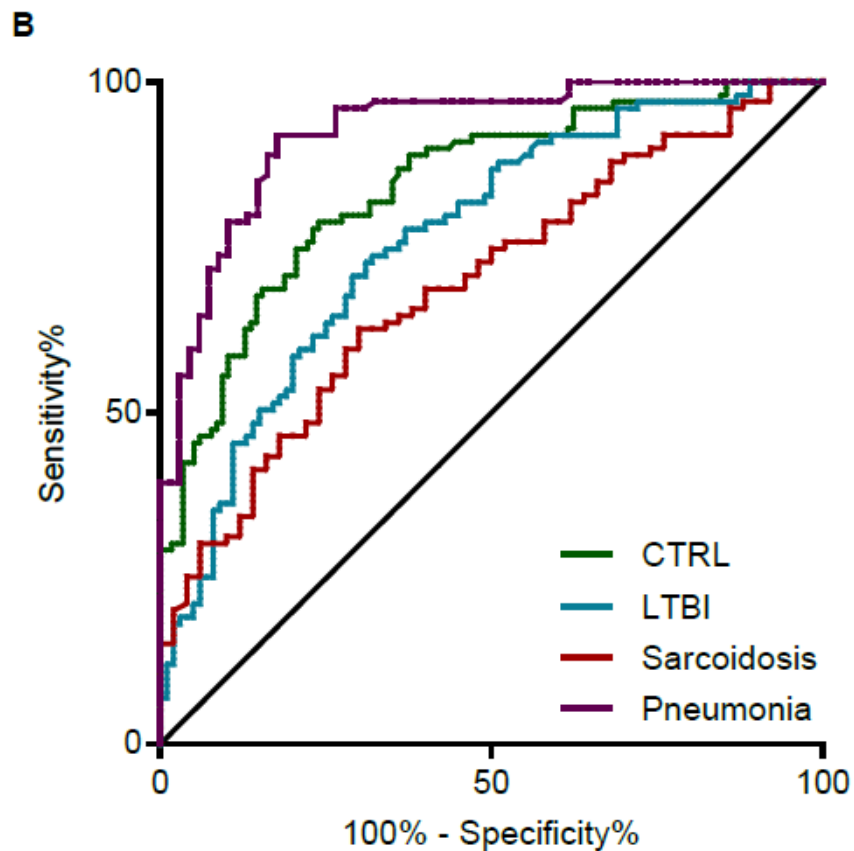


Increased C1q levels are rather specific for active TB



Differential diagnoses

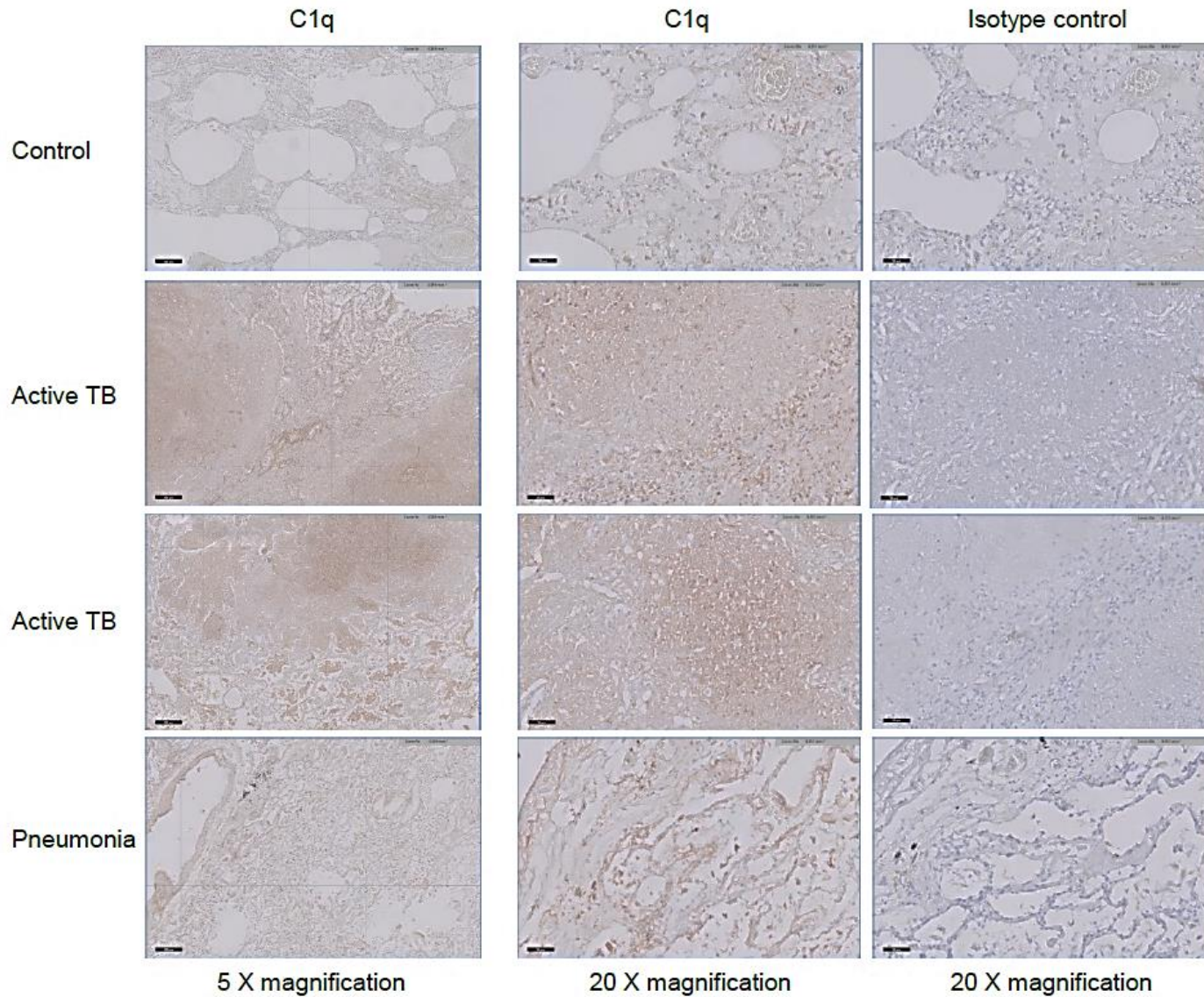
Discrimination of active TB vs rest using C1q serum levels



C

TB vs	AUC	Std Error	95% CI
CTRL	0,841	0,027	[0,789 ; 0,893]
LTBI	0,765	0,033	[0,699 ; 0,830]
PastTB	0,789	0,034	[0,722 ; 0,856]
Leprosy	0,749	0,036	[0,680 ; 0,819]
Sarcoidosis	0,693	0,044	[0,607 ; 0,779]
Pneumonia	0,925	0,020	[0,889 ; 0,965]
All	0,799	0,024	[0,752 ; 0,845]

C1q also present in the lungs of active TB

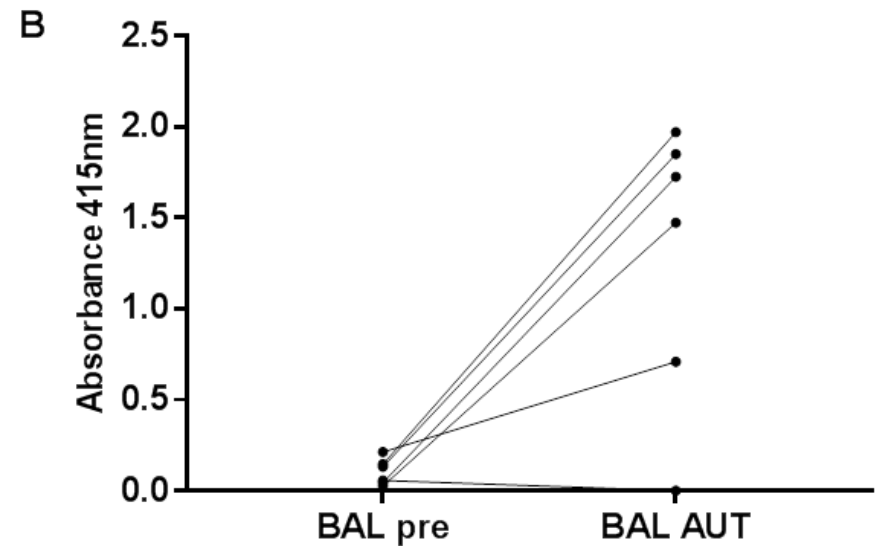
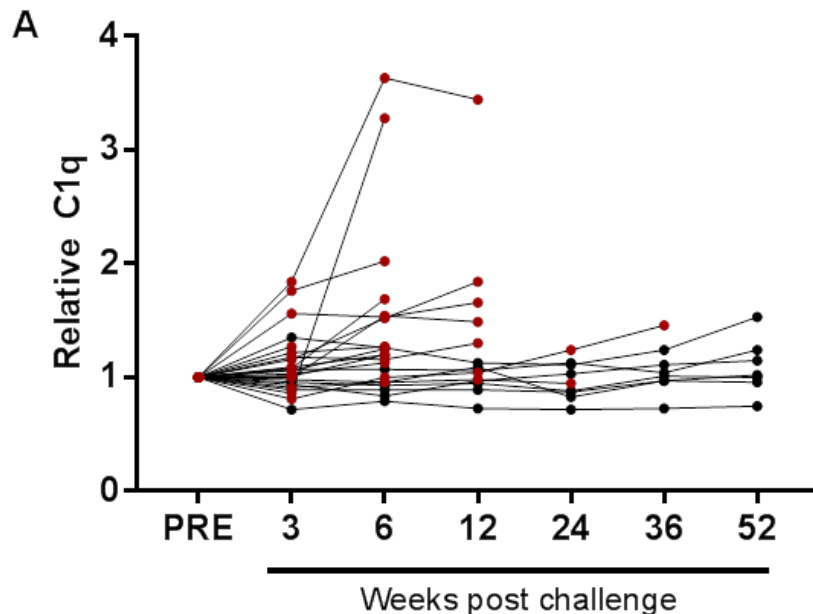
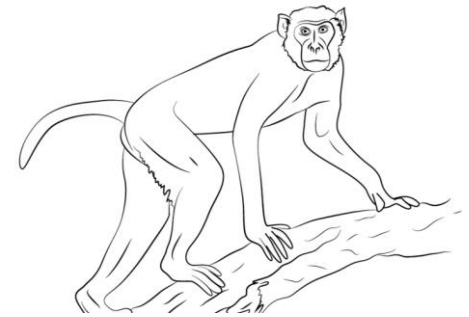


Non-human primates – TB – C1q

Collaboration with Karin Dijkman at the BPRC in Rijswijk

Non-human primate TB model in Macaques.

BCG vaccination trial with post-hoc analysis of sera and BAL.

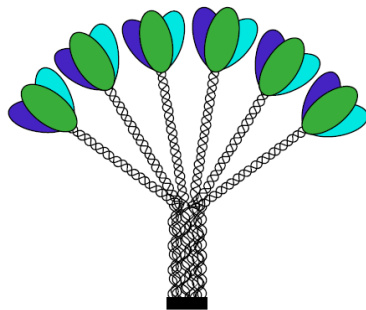


Summary

C1q mRNA's are upregulated in PBMCs, indicating indirect stimulation

C1q protein levels are increased in patients with active TB compared to controls

Non human primates show similar increase in C1q after experimental TB challenge



Lubbers et al. *Frontiers in Immunology* 2018

Summary

C1q mRNA's are upregulated in PBMCs, indicating indirect stimulation

C1q protein levels are increased in patients with active TB compared to controls

Non human primates show similar increase in C1q after experimental TB challenge

But why would a pathogen want more C1q?

RESEARCH

IMMUNOLOGY

C1q restrains autoimmunity and viral infection by regulating CD8⁺ T cell metabolism

Guang Sheng Ling,¹ Greg Crawford,¹ Norzawani Buang,¹ Istvan Bartok,¹ Kunyuan Tian,¹ Nicole M. Thielens,² Isabelle Bally,² James A. Harker,¹ Philip G. Ashton-Rickardt,¹ Sophie Rutschmann,¹ Jessica Strid,¹ Marina Botto^{1*}

Deficiency of C1q, the initiator of the complement classical pathway, is associated with the development of systemic lupus erythematosus (SLE). Explaining this association in terms of abnormalities in the classical pathway alone remains problematic because C3 deficiency does not predispose to SLE. Here, using a mouse model of SLE, we demonstrate that C1q, but not C3, restrains the response to self-antigens by modulating the mitochondrial metabolism of CD8⁺ T cells, which can themselves propagate autoimmunity. C1q deficiency also triggers an exuberant effector CD8⁺ T cell response to chronic viral infection leading to lethal immunopathology. These data establish a link between C1q and CD8⁺ T cell metabolism and may explain how C1q protects against lupus, with implications for the role of viral infections in the perpetuation of autoimmunity.

ect stimulation
with active TB compared
experimental challenge

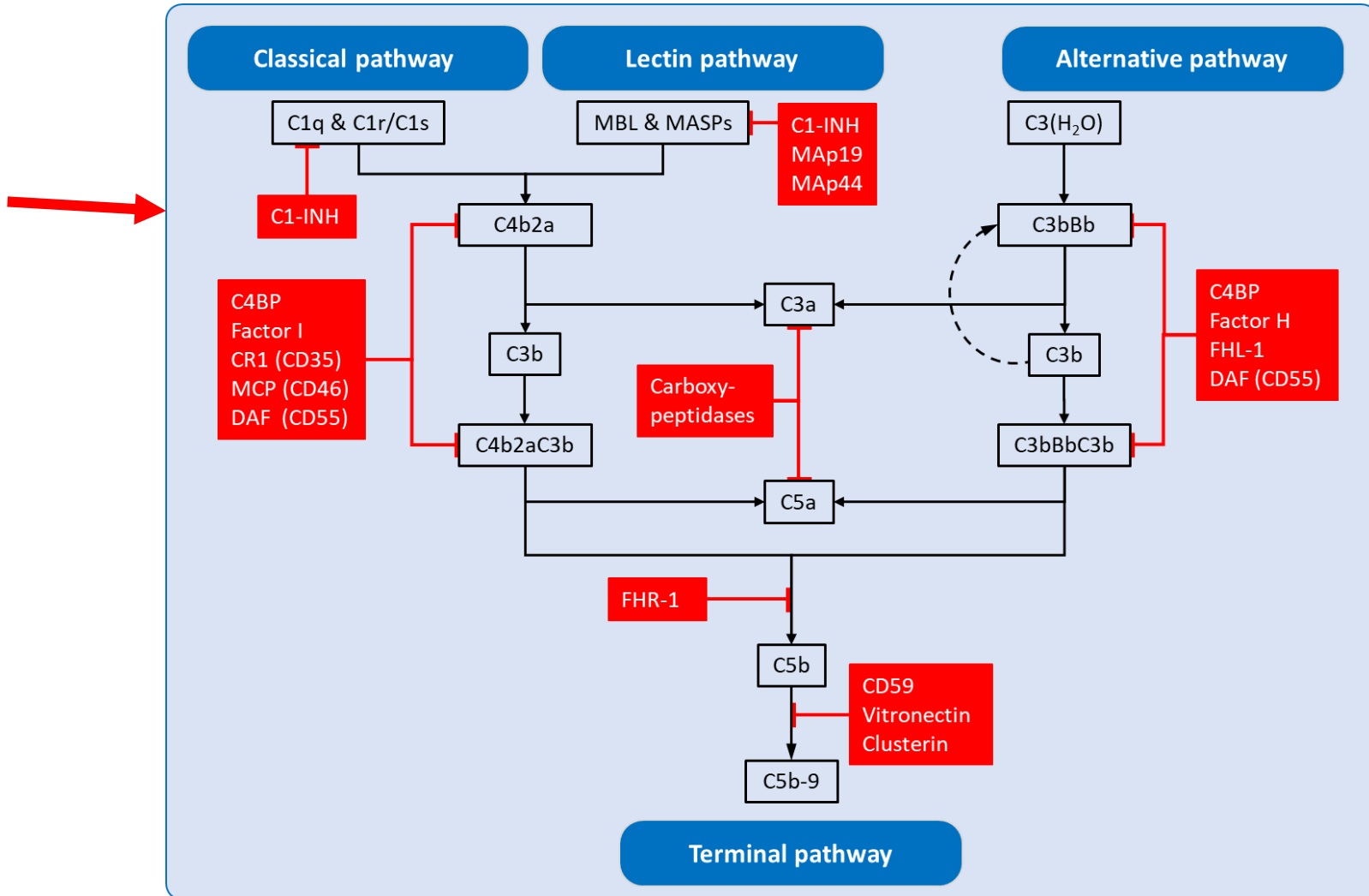
nt more C1q?

Ling et al Science 2018

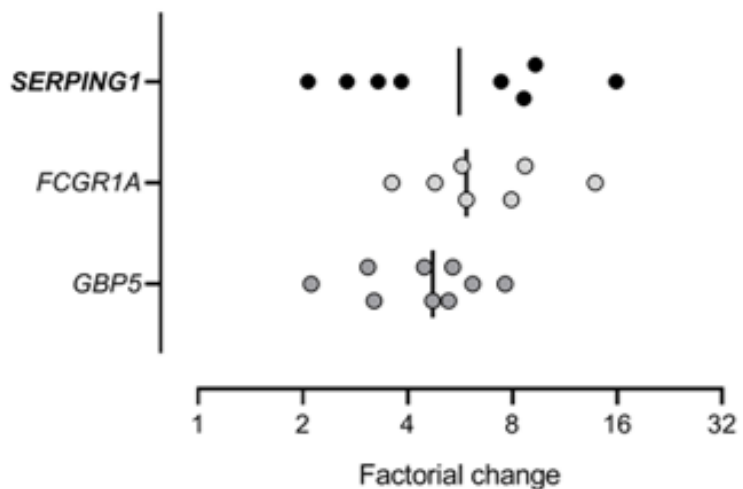
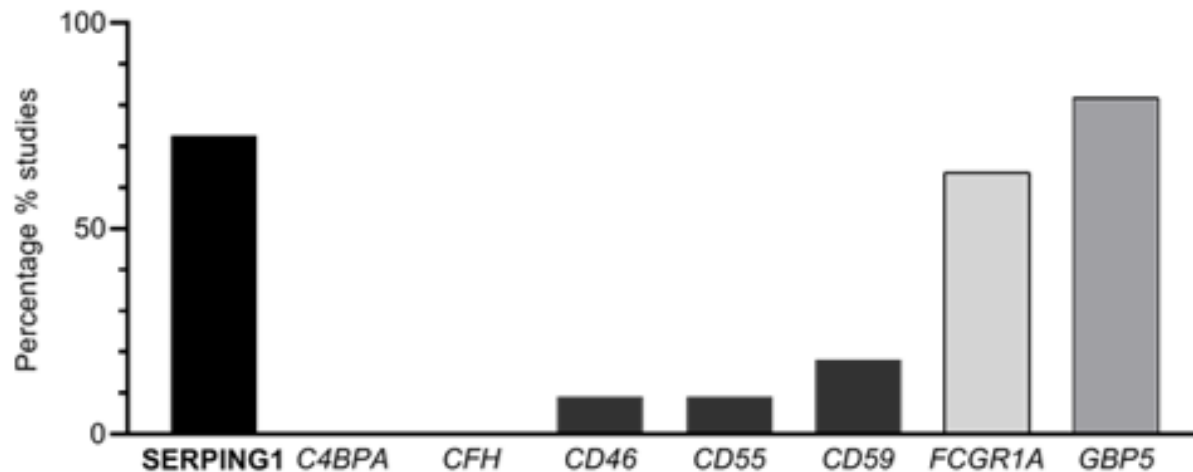
TB is using C1q as an immune evasion strategy

But increased C1q would mean more classical pathway
Unless there is also enhanced complement inhibition

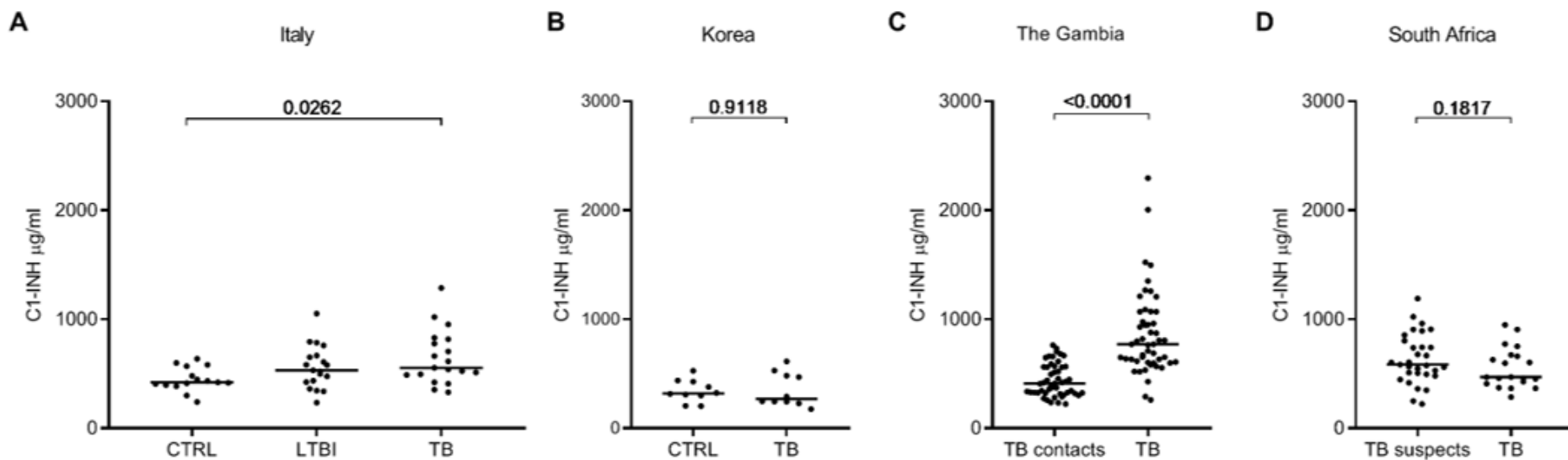
Endogenous complement inhibitors



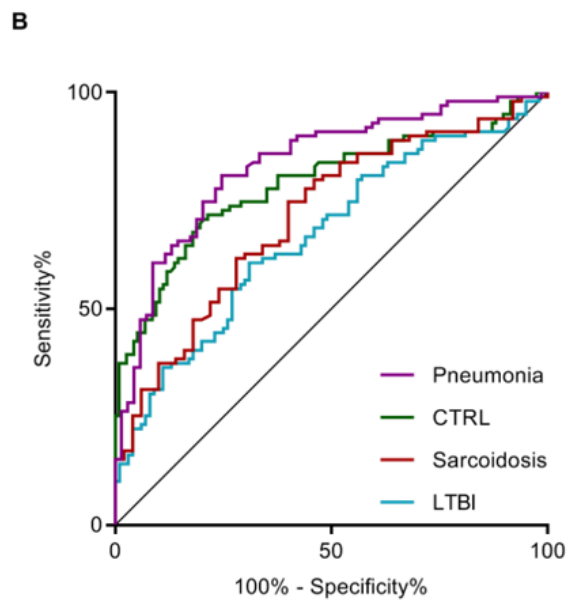
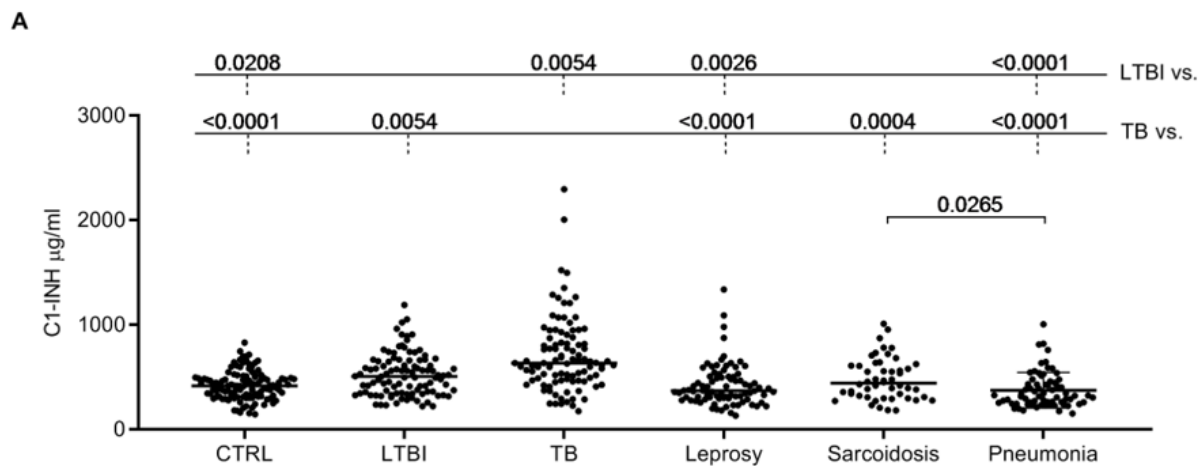
Expression of complement inhibitors in active TB



C1-INH protein levels



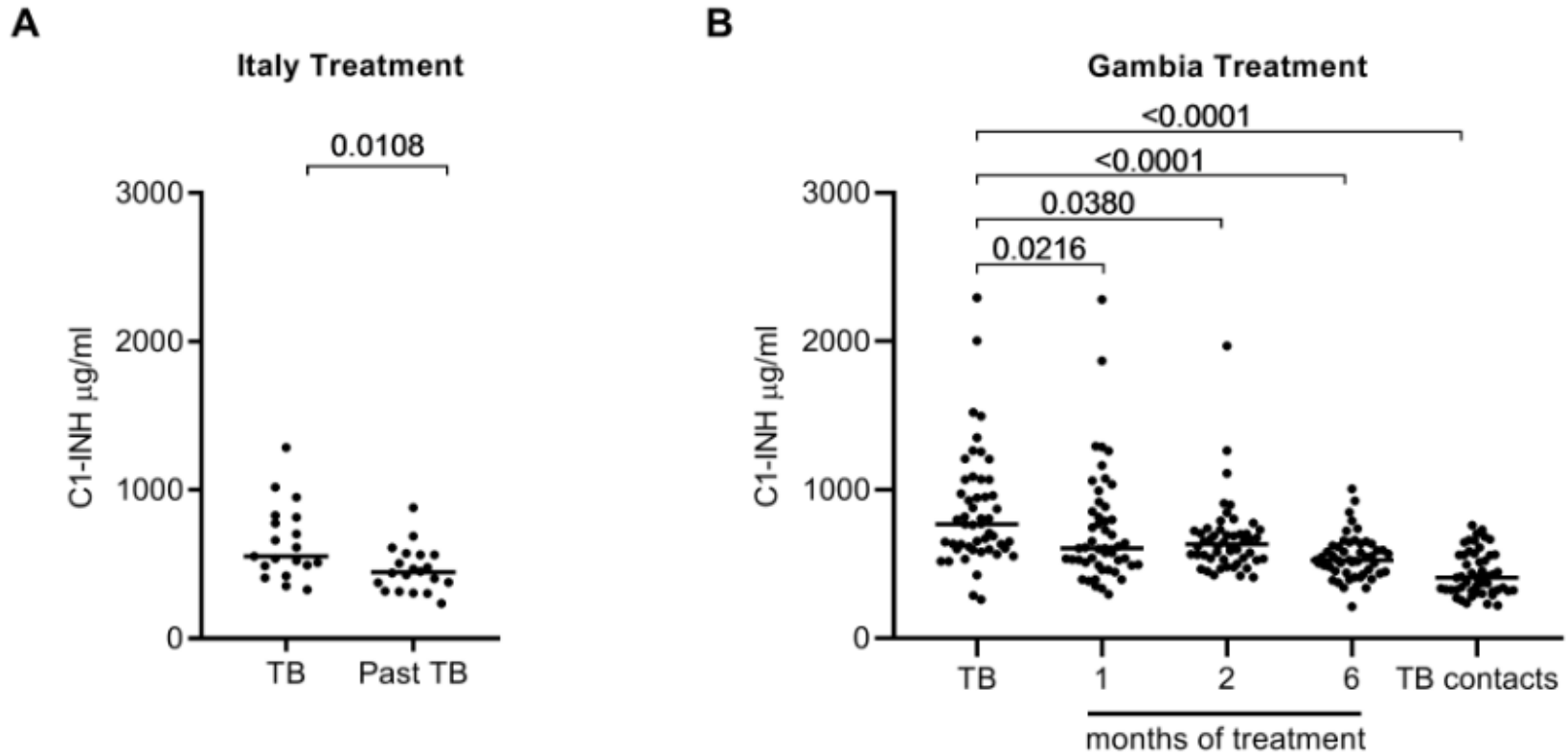
C1-INH in active TB versus differential diagnoses



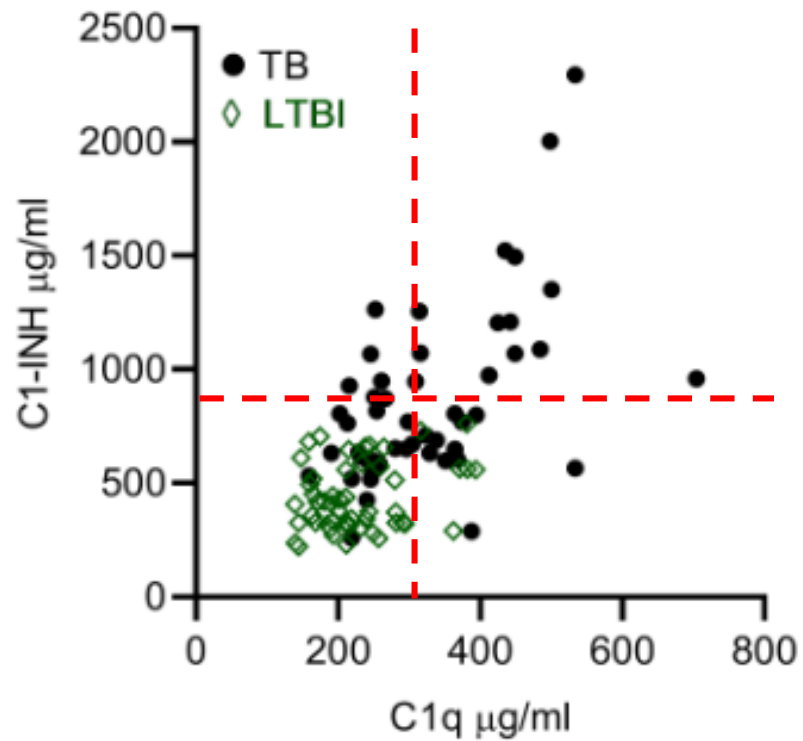
C

TB vs	AUC	Std Error	95% CI
CTRL	0.789	0.032	[0.726 ; 0.852]
LTBI	0.669	0.038	[0.594 ; 0.744]
Leprosy	0.791	0.034	[0.725 ; 0.857]
Sarcoidosis	0.713	0.044	[0.628 ; 0.798]
Pneumonia	0.834	0.032	[0.772 ; 0.900]
ALL	0.747	0.029	[0.690 ; 0.804]

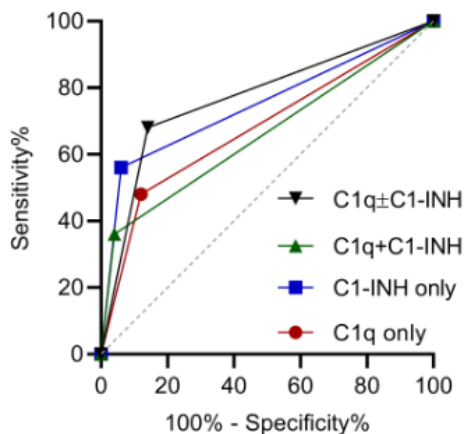
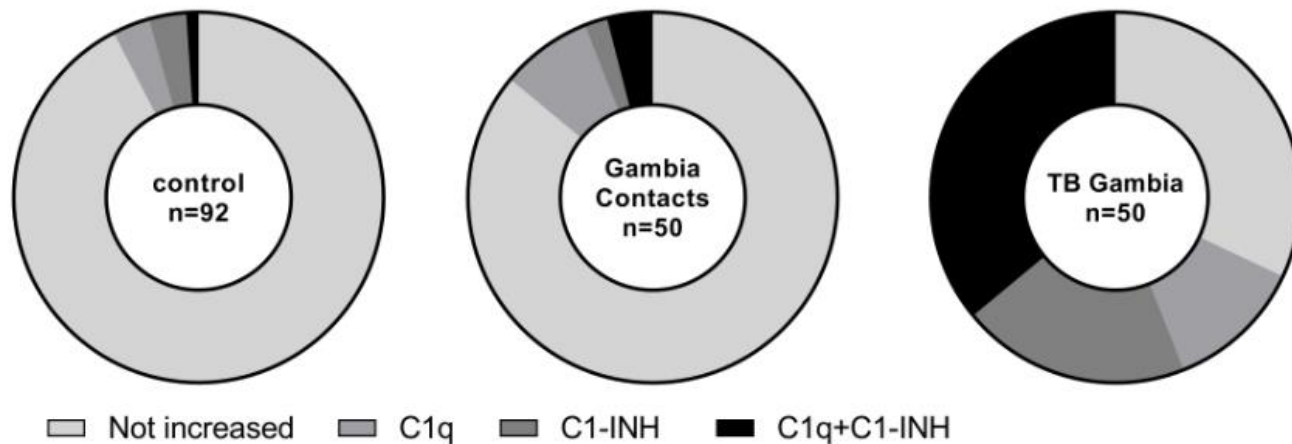
C1-INH levels normalize after successful treatment



C1q and C1-INH



C1q and C1-INH as biomarkers for active TB



Score	AUC	95% CI	Sensitivity	Specificity
C1q	0.68	[0.57 ; 0.79]	48%	88%
C1-INH	0.75	[0.65 ; 0.85]	56%	94%
C1q+C1-INH	0.66	[0.55 ; 0.77]	36%	96%
C1q±C1-INH	0.77	[0.67 ; 0.87]	68%	86%

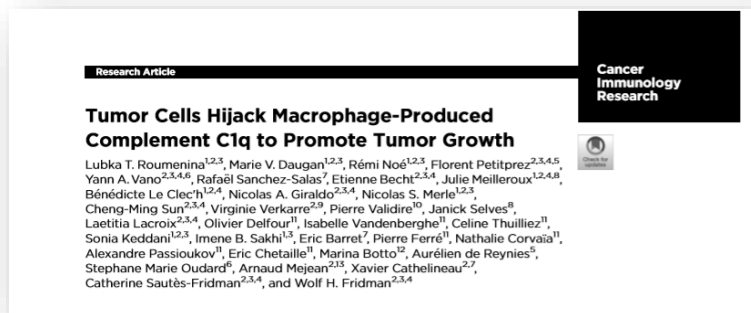
Conclusions

C1q expression and protein levels are increased in active TB vs latent disease

C1-INH, the inhibitor of C1q, is also increased in active TB

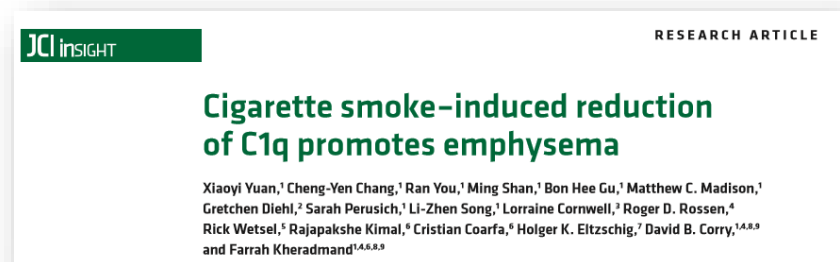
Together C1q levels and C1-INH levels are a reasonable biomarker for active TB

Upregulation of both proteins is suggesting immune escape mechanisms



Main message:
C1q suppresses T cell activity

Cancer Immunol Res. 2019 Jul;7(7):1091-1105



Main message:
C1q suppresses Th-17 activity
and stimulates T-reg function

JCI Insight. 2019 May 21;5.

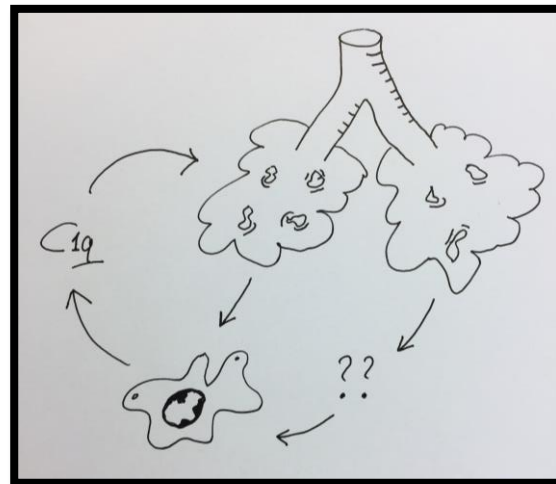
Future directions

How is the local TB infection driving systemic C1q / C1-INH levels?

Do other intracellular pathogens use the same mechanism?

What is the relative contribution of C1q on the immune response to TB?

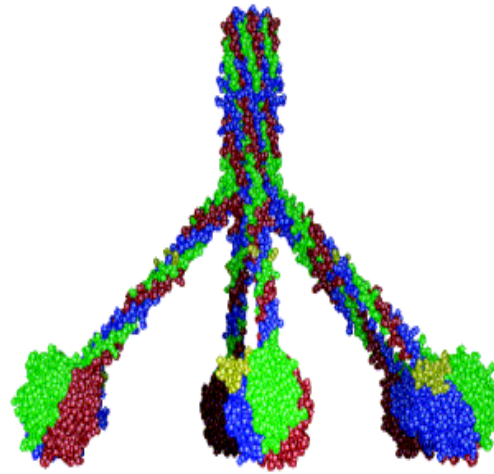
How does C1q impact on the (adaptive) immune system?



Both ends of the spectrum are informative !!

Bacterial immune escape

SLE



TB

Neuro-psychiatric problems

Acknowledgements

Immunohematology

Douwe Dijkstra

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Simone Joosten

Sanquin, Amsterdam

Ilse Jongerius
Kyra Gelderman

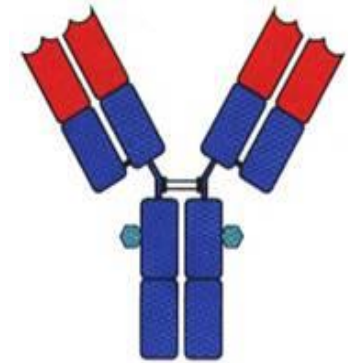


International network of collaborators on

TB / Sarc / Lepra



COMPLEMENT



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